

# HOLY CROSS

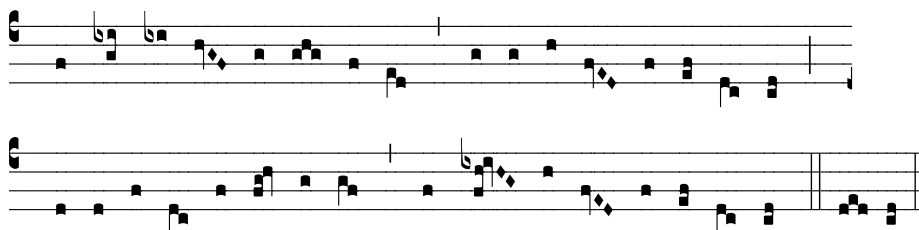


14 September

# FIRST EVENSONG

HYMN

I



The royal banners forward go,  
the cross shines forth in mystic glow;  
where he through whom our flesh was made,  
in that same flesh our ransom paid.

As there he hung, his sacred side  
by soldier's spear was opened wide,  
to wash us in that precious flood,  
where mingled water flowed and blood.

Fulfilled is all that David told  
in true prophetic song of old;  
how God the nations' king should be,  
for God is reigning from the tree.

O tree of beauty, tree most fair,  
ordained those holy limbs to bear;  
gone is all shame, each crimsoned bough  
proclaims the king of glory now.

On your blest arms, as balance true,  
he weighed the price for sinners due;  
the ransom of this world to pay,  
and spoil the spoiler of his prey.

O Cross, our one reliance, hail!  
still may your power with us avail  
to bring a sinful human race  
salvation by victorious grace.

Blest Trinity, life's source and spring,  
 may every soul your praises sing!  
 Those you have by the cross set free,  
 preserve in life eternally.

**Vexilla Regis prodeunt (Venantius Fortunatus, 6<sup>th</sup> cent.)**  
 tr. John Mason Neale (1818-66) & others

*Psalm 113*

*Crucifixus (AM III 210)*

*Vif*

*E♭*



Cru-ci - fied \* and ris - en from the dead, he has re-deemed us



by his blood, al-le - lu - ia.

- 1 Hallelujah!  
 Give praise, you sérvants óf the Lord; \*  
 praise the náme of thé Lord.
- 2 Let the náme of the Lórd be blessed, \*  
 from this time fórh for évermore.
- 3 From the rising of the sún to its góing down \*  
 let the náme of the Lórd be praised.
- 4 The Lord is high abóve all nátions, \*  
 and his glory abóve the héavens.
- 5 Who is like the Lord our God, who síts enthronéd on high, \*  
 but stoops to behold the héavens ánd the earth?
- 6 He takes up the weak out of the dust \*  
 and lifts up the póor from the áshes.
- 7 He sets them with the princes, \*  
 with the princes óf his péople.
- 8 He makes the woman óf a childless house \*  
 to be a joyful móther of children.

Psalm 146 *Lauda, anima mea*

C O crux admirabilis

la<sup>2</sup>



O wondrous cross, \* re - mov - ing eve - ry wound and res - tor - ing



life and health.

- 1 Hallelujah!  
Praise the Lórd, Ó my soul! \*  
I will praise the Lord as long as I live;  
I will sing praises to my God while I háve my béing.
- 2 Put not your trust in rulers, nor in ány child of earth, \*  
for there is no hélp in them.
- 3 When they breathe their last, théy retúrn to earth, \*  
and in that dáy theír thoughts pérish.
- 4 Happy are they who have the God of Jácob fór their help! \*  
whose hope is in the Lórd their God;
- 5 Who made heaven and earth, the seas, and áll that is in them; \*  
who keeps his prómise for éver;
- 6 Who gives justice to thóse who áre oppressed, \*  
and food to thóse who húngr.
- 7 The Lord séts the prísoners free;  
the Lord opens the eyes of the blind; \*  
the Lord lifts up thóse who áre bowed down;
- 8 The Lord loves the rightéous; †  
the Lord cáres for the stránger; \*  
he sustains the orphan and widow,  
but frustrates the wáy of the wícked.
- 9 The Lord shall réign for éver, \*  
your God, O Zion, throughout all génerátions.  
Hállélújah!

G



Far be it \* from us to glo - ry save in the cross of our



Lord Je- sus Christ.

- 13 Worship the Lord, O Jerusâlem; \* †  
praise your Gôd, O Zîon;
- 14 For he has strengthened the bars of your gates; \*  
he has blessed your children within you.
- 15 He has established peace on your bordêrs; \* †  
he satisfies you with the fínest wheat.
- 16 He sends out his command to the earth, \*  
and his word runs véry swiftly.
- 17 Hé gives snów like wool; \*  
he scatters hóarfrost like áshes.
- 18 He scatters his háil like bréad crumbs; \*  
who can stánd agáinst his cold?
- 19 He sends forth his wórd and mélts them; \*  
he blows with his wínd and the wáters flow.
- 20 He declares his wórd to Jácob, \*  
his statutes and his júdgements to Ísrael.
- 21 He has not done so to any óther nátion; \*  
to them he has not revéaled his júdgements.  
Hállélújah!

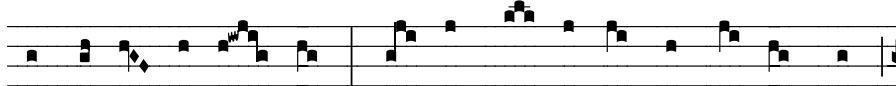
## Canticle

D Propter lignum (AMIII2 I I)

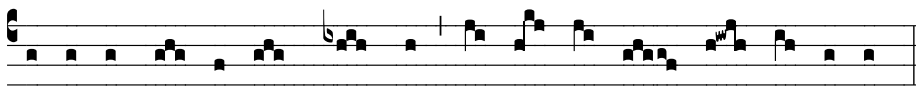
VIIIg



By a tree \* were we bound in sla - ve-ry; by the ho-ly cross



are we giv'n li - ber - ty; as the fruit of a tree de - ceived us,



the Son of God has re - deemed us, al - le - lu - ia, al - le - lu - ia.

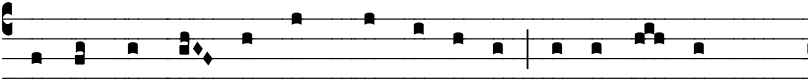
- 1 Jesus, Saviour of the world, come to ús in your mércy; \*  
we look to you to sáve and hélp us.
- 2 By your cross and your life laid down, you sét your péople free: \*  
we look to you to sáve and hélp us.
- 3 When they were ready to perish, you sáved your discíples: \*  
we look to you to cóme to óur help.
- 4 In the greatness of your mercy, lóose us fróm our chains. \*  
forgive the sins of áll your péople.
- 5 Make yourself known as our Saviour and míghty delívere; \*  
save and help us that wé may práise you.
- 6 Come now and dwell with us, Lórd Christ Jésus: \*  
hear our prayer and bé with us álwáys.
- 7 And when you cóme in your glóry; \*  
make us to be one with you and to share the lífe of your kíngdom.

## READING

# Magnificat

C Oportebat (AMIII 213)

VIIIg<sup>2</sup>



It was needful \* for the Christ to suff-er and to rise from



the dead, al - le - lu - ia.

My soul proclaims the greatness of the Lôrd, †  
my spirit rejoices **in** Gód my Sáviour \*  
for he has looked with favour on his lówly sérvant.

From this day all generations **will** cáll me bléssed: \*  
the Almighty has done great things for me,  
and hóly is his name.

He has mercy **on** thóse who féar him \*  
in every génerátiön.

He has shown **the** stréngth of hís arm, \*  
he has scattered the próud in théir conceit.

He has cast down **the** míghty fróm their thrones, \*  
and has lifted úp the lówly.

He has filled the **hú**ngry with góod things, \*  
and the rich he has sént away émpy.

He has come to the help of **his** sérvant Ísrael, \*  
for he has remembered his prómise of mércy,

the promise he **máde** to our fáthers, \*  
to Abraham and his children for éver.

Creed

Litany & Our Father

Collect

# MATTINS

O Lord, open our lips,  
**And our mouth shall proclaim your praise.**

O God, make speed to save us.  
**O Lord, make haste to help us.**

**Glory to the Father, and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and shall be for ever. Amen.**

**Alleluia.**

*Invitatory Antiphon:*

**Christ the King uplifted on the Cross: come, let us worship**

*Psalm 100*

*Antiphon*

Be joyful in the Lord, all you lands;  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God;  
he himself has made us and we are his;  
we are his people and the sheep of his pasture.

*Antiphon*

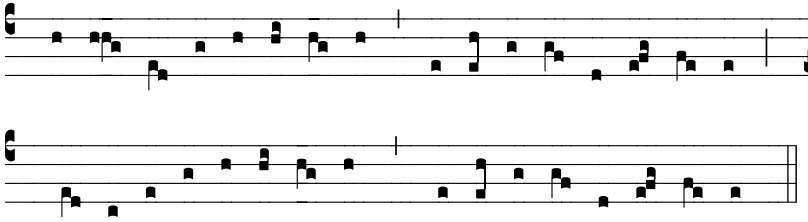
Enter his gates with thanksgiving;  
go into his courts with praise;  
give thanks to him and call upon his name.

For the Lord is good;  
his mercy is everlasting;  
and his faithfulness endures from age to age.

*Antiphon*

Glory ...

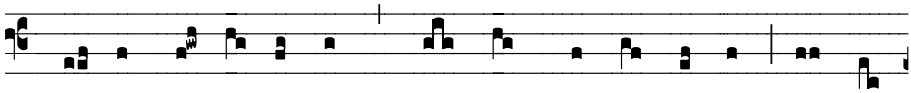
*Antiphon*



- 1 O Cross of Christ, immortal tree  
on which our only Saviour died,  
the world is sheltered by your arms  
that carried Love, the Crucified.
- 2 From bitter death and barren wood  
the tree that brings us life is made;  
its branches bear unfailing fruit  
and leaves that time has not decayed.
- 3 O faithful Cross, you stand unmoved  
while earthly ages run their course:  
foundation of the universe,  
and all creation's binding force.
- 4 Give glory to the risen Christ  
and to his holy Cross give praise,  
the sign of God's unfathomed love,  
the blessed hope of all our days.Amen.

**Stanbrook Abbey [metre altd]**

*D*



He bore the ho - ly cross \* which broke the chains of hell; gird - ed



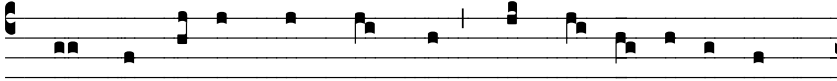
with power from on high, he rose on the third day



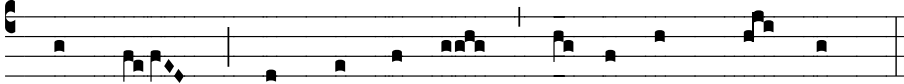
al - le - lu - ia.

- 1 May God be merciful to ús and bléss us, \*  
show us the light of his countenánce and cóme to us.
- 2 Let your ways be knówn upón earth, \*  
your saving health amóng all nátions.
- 3 Let the peoples práise yóu, O God; \*  
let all the péoples práise you.
- 4 Let the nations be glad and sing fôr joy, \* †  
for you judge the péoples with équity  
and guide all the nátions upón earth.
- 5 Let the peoples práise yóu, O God; \*  
let all the péoples práise you.
- 6 The earth has brought fôrth her íncrease; \*  
may God, our own God, gíve us his bléssing.
- 7 May God gíve us his bléssing, \*  
and may all the ends of the earth stánd in áwe of him.

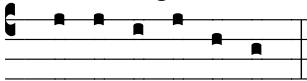
D



See \* the blessed Cross shine forth where the bo -dy of the



Lord hung, and with his blood he has washed our wounds.

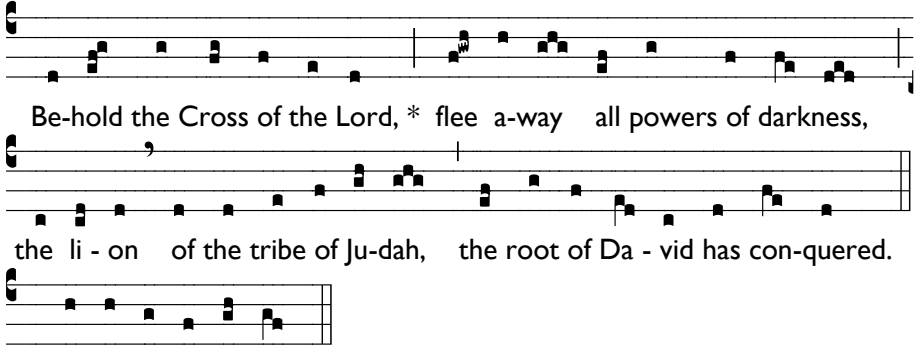


- 1 The Lord is king; he has put on spléndid appárel; \*  
the Lord has put on his apparel  
and gírded hímself with strength.
- 2 He has máde the whole wórlđ so sure \*  
that it cánnót bé moved;
- 3 Ever since the world began,  
your throne has béen estáblished; \*  
you are from éverlásting.
- 4 The waters have lífted up, Ô Lord, †  
the waters have lífted úp their voice; \*  
the waters have lífted úp their póunding waves.
- 5 Mightier than the sound of many watêrs, †  
mightier than the bréakers óf the sea, \*  
mightier is the Lórd who dwélls on high.
- 6 Your testimonies are verý sure, \* †  
and holiness adórns your hóuse, O Lord,  
for ever ánd for évermore.

*Psalm 100*

*C Ecce crucem Domini (AMIII 214 cf Rev 5.5)*

*If*



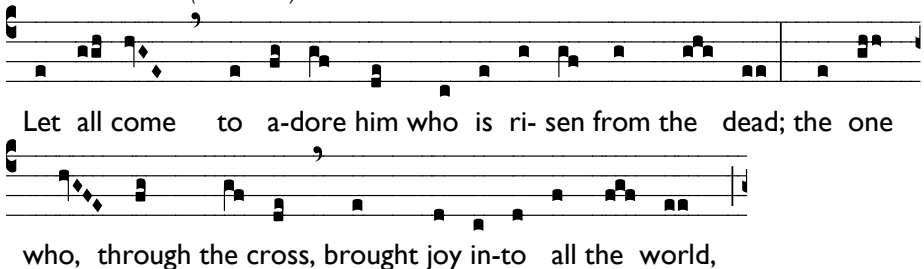
Be-hold the Cross of the Lord, \* flee a-way all powers of darkness,  
the li-on of the tribe of Ju-dah, the root of Da-vid has con-quer-ed.

- 1 Be joyful in the Lord, all yôu lands; \* †  
serve the Lórd with gládness  
and come before his présence with a song.
- 2 Know this: The Lord himself îs God; \* †  
he himself has máde us and wé are his;  
we are his people and the shéep of his pásture.
- 3 Enter his gates with thanksgíving; †  
go into his cóurts with praise; \*  
give thanks to him and cáll upón his name.
- 4 For the Lord îs good; †  
his mercy is éverlásting; \*  
and his faithfulness endúres from áge to age.

*Canticle I Peter 2.21b-25*

*D Venite omnes (AMIII 215)*

*IVe*



Let all come to a-dore him who is ri-sen from the dead; the one  
who, through the cross, brought joy in-to all the world,



al-le - lu - ia, al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.



- 1 Jesus Christ suffered for you, leaving yóu an exámple, \*  
that you should fóllow ín his steps.
- 2 He committed no sin, no guile was fóund ón his lips, \*  
when he was reviled, he did not revile in réturn.
- 3 When he suffered, he díd not threaten, \*  
but entrusted himself to God, who júdges jústly.
- 4 Christ himself bore our sins in his bódy ón the tree, \*  
that we might die to sin and líve to ríghteousness.
- 5 By his wounds you have been healed, for you were stráying like  
sheep, \*  
but now you have returned to the Shepherd and Gúardian óf your  
souls.

## READING

## Benedictus

*Crucem tuam (AMIII 216)*

*Ive*



We a-dore \* your Cross, O Lord, and your ho-ly re-sur-rection



we praise and glo - ri - fy: for through the wood of the cross



joy has come in-to all the world.

Blessed be the Lord, **the** Gód of Ísrael; \*  
he has come to his peóple and sét them free.

He has raised up for us **a** míghty Sáviour, \*  
born of the house of his sérvant Dávid.

Through his holy prophets he promised of ôld, †  
that he would save **us** fróm our énemies, \*  
from the hands of áll who háte us.

He promised to show **mercy** tó our fáthers \*  
and to remember his hóly cóvenant.

This was the oath he swore to **our** fáther Ábraham, \*  
to set us free from the hánds of our énemies,

free to **worship** hím withóut fear, \*  
holy and righteous in his sight all the dáys of óur life.

You, my child, shall be called the **prophet** óf the Móst High, \*  
for you will go before the Lórd to preparé his way,

to give his people **knowledge** óf salvátió \*  
by the forgíveness óf their sins.

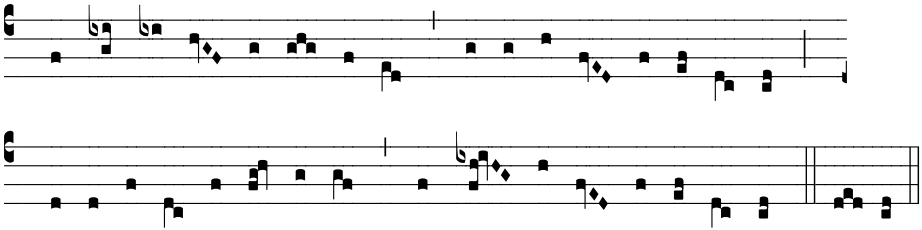
In the tender **compássió**n óf our God \*  
the dawn from on high shall bréak upón us,

to shine on those who dwell in darkness and **the** shádw óf death, \*  
and to guide our feet intó the wáy of peace.

## SECOND EVENSONG

HYMN

I



The royal banners forward go,  
the cross shines forth in mystic glow;  
where he through whom our flesh was made,  
in that same flesh our ransom paid.

As there he hung, his sacred side  
by soldier's spear was opened wide,  
to wash us in that precious flood,  
where mingled water flowed and blood.

Fulfilled is all that David told  
in true prophetic song of old;  
how God the nations' king should be,  
for God is reigning from the tree.

O tree of beauty, tree most fair,  
ordained those holy limbs to bear;  
gone is all shame, each crimsoned bough  
proclaims the king of glory now.

On your blest arms, as balance true,  
he weighed the price for sinners due;  
the ransom of this world to pay,  
and spoil the spoiler of his prey.

O Cross, our one reliance, hail!  
still may your power with us avail  
to bring a sinful human race  
salvation by victorious grace.

Blest Trinity, life's source and spring,  
 may every soul your praises sing!  
 Those you have by the cross set free,  
 preserve in life eternally.

**Vexilla Regis prodeunt (Venantius Fortunatus)**  
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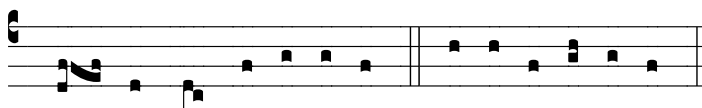
*Psalm 110      Dixit Dominus*

*E♭ Crucifixus (AM III 210)*

*Vif*



Cru-ci-fied \* and ris-en from the dead, he has re-deemed us



by his blood, al-le-lu-ia.

- 1 The Lord said to my lord, “Sít at my right hand, \*  
 until I make your enemíes your fóotstool.”
- 2 The Lord will send the sceptre of your power óut of Zíon, \*  
 saying, “Rule over your enemies róund abóut you.
- 3 Princely state has been yours from the day of your b́irth, \* †  
 in the beauty of holiness have Í begóttén you,  
 like dew from the wómb of the mórning.”
- 4 The Lord has sworn and hé will nót recant: \*  
 “You are a priest for ever after the order óf Melchízedeck.”
- 5 The Lord who is at your right hand  
 will smite kings in the day of his wráth; \* †  
 he will rule óver the nátions.
- 6 He will heap high the corpses; \*  
 he will smash heads óver the wíde earth.
- 7 He will drink from the bróok beside the road; \*  
 therefore he will lift high his head.

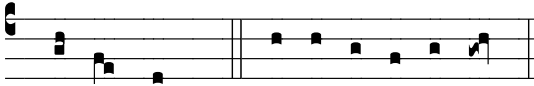
Psalm III

C O crux admirabilis

la<sup>2</sup>



O wondrous cross, \*re - mov - ing every wound and res - tor - ing



life and health.

- 1 Hallelujah! I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the cóngregátion.
- 2 Great are the deeds of thê Lord! \* †  
they are studied by áll who delíght in them.
- 3 His work is full of majesty and splendour, \*  
and his righteousness endúres for éver.
- 4 He makes his marvellous works to bé remémbered; \*  
the Lord is gracious and fúll of compásson.
- 5 He gives food to those who fear hîm; \* †  
he is ever mindful óf his cówenant.
- 6 He has shown his people the power of his works \*  
in giving them the lánds of the nátions.
- 7 The works of his hands are faithfulness and jústice; \*  
all his commándments áre sure.
- 8 They stand fast for éver and éver, \*  
because they are done in trúth and equity.
- 9 He sent redemption to his peoplê; †  
he commanded his covenánt for éver; \*  
holy and áwesome ís his name.
- 10 The fear of the Lord is the beginning of wisdôm; \* †  
those who act accordingly have a góod understánding;  
his praise endúres for éver.

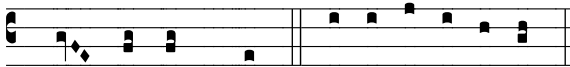
Psalm 112

G Nos autem (AM 1 1 1 2 1 1)

VIIc



Far be it \* from us to glo - ry save in the cross of our



Lord Je- sus Christ.

- 1 Hallelujah!  
Happy are théy who féar the Lord \*  
and have great delight in hís commándments!
- 2 Their descendants will be míghty ín the land; \*  
the generation of the úpright will be blessed.
- 3 Wealth and riches will be ín their house, \*  
and their righteousness will lást for éver.
- 4 Light shines in the darkness fór the úpright; \*  
the righteous are merciful and fúll of compásson.
- 5 It is good for them to be generóus in lénding \*  
and to manage their affáirs with jústice.
- 6 For they will néver be sháken; \*  
the righteous will be kept in everlásting remémbrance.
- 7 They will not be afraid of any évil rúmours; \*  
their heart is right;  
they put their trúst in thé Lord.
- 8 Their heart is estáblished and wíll not shrink, \*  
until they see their desire upón their énemies.
- 9 They have given freely to the poor, \*  
and their righteousness stands fást for éver;  
they will hold up their héad with hónour.
- 10 The wicked will see it and be angrý ; †  
they will gnash their téeth and píne away; \*  
the desires of the wícked will pérish.

Canticle

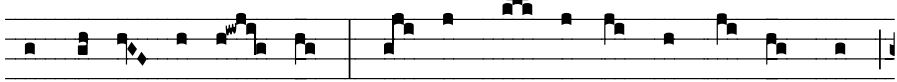
Philippians 2:6-11

D Propter lignum (AMIII211)

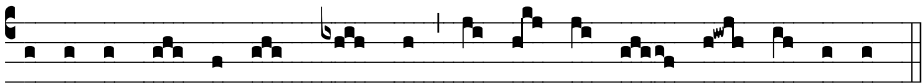
VIIIg



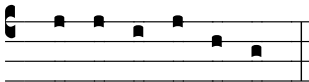
By a tree \* were we bound in sla - ve-ry; by the ho-ly cross



are we giv'n li - ber - ty; as the fruit of a tree de - ceived us,



the Son of God has re - deemed us, al - le - lu - ia, al - le - lu - ia.



- 1 Christ Jesus was in the form of God \*  
but he did not cling to equality with God.
- 2 He emptied himself, taking the form of a servant, \*  
and was born in the likeness of men;
- 3 and being found in human form \*  
he humbled himself:
- 4 and became obedient unto death \*  
even death on a cross.
- 5 Therefore God has highly exalted him \*  
and bestowed on him the name above every name.
- 6 That at the name of Jesus every knee should bow \*  
in heaven and on earth and under the earth.
- 7 And every tongue confess that Jesus Christ is Lord \*  
to the glory of God the Father.

# Magnificat

B $\flat$  Super omnia (AMIII 220)

Id<sup>3</sup>

You a-lone \* are far a-bove all the ce-dars of Le-ba-non,  
for on you was hung the life of the world; on you Christ has  
tri-umphed and o-ver-came death by death, al-le-lu-ia.

My soul proclaims the greatness of the L $\ddot{o}$ rd, †  
my spirit rejoices **in** G $\acute{o}$ d my S $\acute{a}$ v $\acute{i}$ our \*  
for he has looked with favour on his l $\acute{o}$ wly s $\acute{e}$ r $\acute{v}$ ant.

From this day all generations **will** c $\acute{a}$ ll me bl $\acute{e}$ ssed: \*  
the Almighty has done great things for me,  
and h $\acute{o}$ ly  $\acute{i}$ s his name.

He has mercy **on** th $\acute{o}$ s $\acute{e}$  who f $\acute{e}$ ar him \*  
in every g $\acute{e}$ n $\acute{e}$ r $\acute{a}$ ti $\acute{o}$ n.

He has shown **the** str $\acute{e}$ ngth of h $\acute{i}$ s arm, \*  
he has scattered the pr $\acute{o}$ ud in th $\acute{e}$ ir conceit.

He has cast down **the** m $\acute{i}$ ghty fr $\acute{o}$ m their thrones, \*  
and has lifted  $\acute{u}$ p the l $\acute{o}$ wly.

He has filled the **h** $\acute{u}$ ngry with g $\acute{o}$ od things, \*  
and the rich he has s $\acute{e}$ nt away  $\acute{e}$ mp $\acute{t}$ y.

He has come to the help of **h**is s $\acute{e}$ r $\acute{v}$ ant  $\acute{I}$ srael, \*  
for he has remembered his pr $\acute{o}$ m $\acute{i}$ se of m $\acute{e}$ rcy,

the promise he **m** $\acute{a}$ de to our f $\acute{a}$ thers, \*  
to Abraham and his ch $\acute{i}$ ldr $\acute{e}$ n for  $\acute{e}$ ver.