Community of the Resurrection

# **HOLY CROSS**

September 14



Psalm 113

Crucifixus (AMIII 210)



The royal banners forward go, the cross shines forth in mystic glow; where he through whom our flesh was made.

in that same flesh our ransom paid.

As there he hung, his sacred side by soldier's spear was opened wide, to wash us in that precious flood, where mingled water flowed and blood.

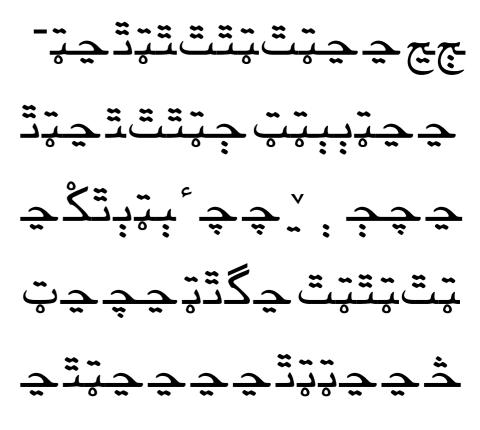
Fulfilled is all that David told in true prophetic song of old; how God the nations' king should be, for God is reigning from the tree. O tree of beauty, tree most fair, ordained those holy limbs to bear; gone is all shame, each crimsoned bough proclaims the king of glory now.

On your blest arms, as balance true, he weighed the price for sinners due; the ransom of this world to pay, and spoil the spoiler of his prey.

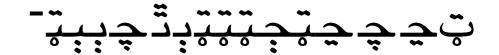
O Cross, our one reliance, hail! still may your power with us avail to bring a sinful human race salvation by victorious grace.

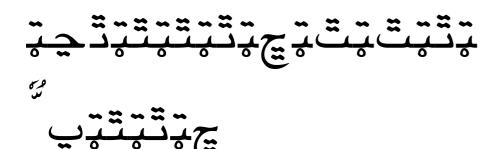
Blest Trinity, life's source and spring, may every soul your praises sing!
Those you have by the cross set free, preserve in life eternally.

Vexilla Regis prodeunt (Venantius Fortunatus) tr. John Mason Neale (1818-66) & others



Cru -ci - fied \* and ris - en from the dead, he has re-deemed us





by his blood, al-le - lu - ia.

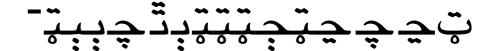
- Hallelujah!
   Give praise, you sérvants óf the Lord; \*
   praise the name of the Lord.
- 2 Let the name of the Lord be blessed, \* from this time forth for evermore.
- From the rising of the sún to its góing down \* let the náme of the Lórd be praised.
- The Lord is high above all nations, \* and his glory above the héavens.
- Who is like the Lord our God, who sits enthroned on high, \* but stoops to behold the héavens and the earth?
- 6 He takes up the weak out of the dust \* and lifts up the poor from the ashes.
- 7 He sets them with the princes, \* with the princes of his péople.
- 8 He makes the woman of a childless house \* to be a joyful mother of children.

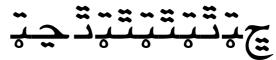


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Cru -ci - fied and ris - en from the dead, he has re-deemed us





by his blood, al-le - lu - ia.

From the rising of the sun to its going down, your Name is praised, O Lord, for you have raised us from the dust and set before us the vision of your glory. As you bestowed upon us the dignity of a royal priesthood,

lift up our hearts as we celebrate your praise; through Jesus Christ our Lord. **Amen.** 

Psalm 146
O crux admirabilis

Lauda, anima mea

la²

O wondrous cross, \*re - mov -ing every wound and res - tor - ing

life and health.

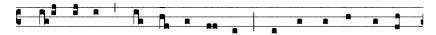
- Hallelujah!
  Praise the Lórd, Ó my soul! \*
  I will praise the Lord as long as I live;
  I will sing praises to my God while I háve my béing.
- Put not your trust in rulers, nor in ány chíld of earth, \* for there ís no hélp in them.
- When they breathe their last, they return to earth, \* and in that day their thoughts perish.
- 4 Happy are they who have the God of Jácob fór their help! \* whose hope is ín the Lórd their God;
- Who made heaven and earth, the seas, and all that is in them; who keeps his promise for ever;
- Who gives justice to those who are oppressed, \* and food to those who hunger.
- 7 The Lord séts the prísoners free; the Lord opens the eyes of the blind; \* the Lord lifts up thóse who áre bowed down;
- The Lord loves the rightêous; †
  the Lord cáres f<u>or</u> the stránger; \*
  he sustains the orphan and widow,
  but frustrates the wáy <u>of</u> the wícked.
- The Lord shall réign for éver, \*
  your God, O Zion, throughout all génerátions.

Hállelújah!

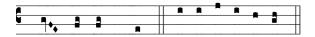
O wondrous cross, \*re - mov -ing every wound and res - tor - ing

life and health.

Lord God, creator of all things, who in your loving-kindness and care meet our human needs: with the dawn of each day help us to set our hearts and hope upon you, that we may show you in the world as the universal and eternal king; through Jesus Christ our Lord. Amen.

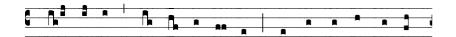


Far be it \* from us to glo - ry save in the cross of our

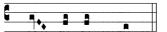


Lord Je- sus Christ.

- Worship the Lord, O Jerusâlem; \* † praise your Gód, O Zíon;
- 14 For he has strengthened the bars of your gates; \* he has blessed your children within you.
- He has established peace on your borders; \* † he satisfies you with the finest wheat.
- 16 He sends out his command to the earth, \* and his word runs véry swiftly.
- 17 Hé gives snów like wool; \* he scatters hóarfrost like áshes.
- 18 He scatters his háil like bréad crumbs; \* who can stánd agáinst his cold?
- 19 He sends forth his word and melts them; \* he blows with his wind and the waters flow.
- 20 He declares his word to Jácob, \* his statutes and his júdgements to Ísrael.
- 21 He has not done so to any óther nátion; \* to them he has not <u>re</u>véaled his júdgem<u>en</u>ts. Hállelújah!



Far be it from us to glo - ry save in the cross of our



Lord Je- sus Christ.

Holy Father, you have revealed in your only begotten Son the power of the new and everlasting covenant: on this day, which we have made your own, feed your people with the bread of heaven as they recount your marvellous deeds; through lesus Christ our Lord. **Amen.** 

#### Canticle

Propter lignum (AMIII 211)

VIIIg

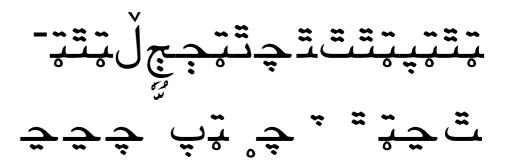


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# ڿؠٞڐؠٛڐؾڂؠؾڐ

the Son of God has re - deemed us, al-le - lu-ia, al - le - lu - ia.

- Jesus, Saviour of the world, come to ús <u>in</u> your mércy; \* we look to you <u>to</u> sáve and hélp us.
- By your cross and your life laid down, you sét your péople free: \*
  we look to you to sáve and hélp us.
- When they were ready to perish, you saved your disciples: \*
  we look to you to come to our help.
- In the greatness of your mercy, lóose us fróm our chains. \* forgive the sins of áll your péople.
- Make yourself known as our Saviour and míghty delívere; \* save and help us that we may praise you.
- 6 Come now and dwell with us, Lórd Christ Jésus: \* hear our prayer and bé with us álways.
- 7 And when you cóme <u>in</u> your glóry; \*
  make us to be one with you and to share the lífe <u>of</u> your kíngdom.



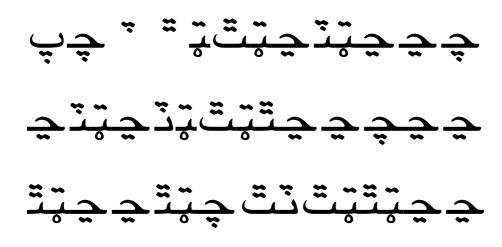
were we bound in sla - ve-ry; by the ho-ly cross By a tree are we giv'n li -ber - ty; as the fruit of a tree de - ceived us, **READING** 

THE GOSPEL CANTICLE

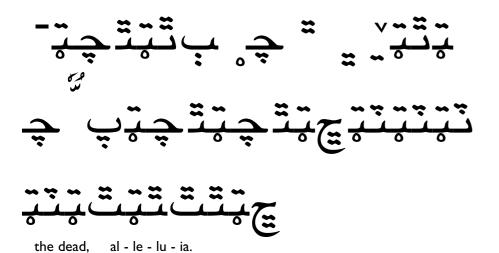
The Song of Mary Magnificat anima mea Dominum Luke 1: 46-55

Oportebat (AMIII 213)

چټچچې چټڅے-



It was needful \* for the Christ to suff-er and to rise from



My soul proclaims the greatness of the Lord, †
my spirit rejoices **in** Gód my Sáviour \*
for he has looked with favour on his lówly sérvant.

From this day all generations will call me blessed: \* the Almighty has done great things for me, and holy is his name.

He has mercy **on** those who fear him \* in every géneration.

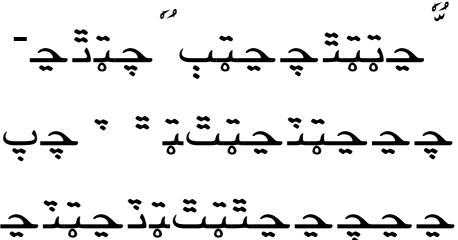
He has shown **the** stréngth of his arm, \* he has scattered the proud in théir conceit.

He has cast down **the** mighty from their thrones, \* and has lifted up the lowly.

He has filled the **húngry** with good things, \* and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, \* for he has remembered his prómise of mércy,

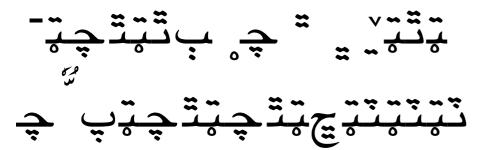
the promise he **máde** <u>to</u> our fáthers, \* to Abraham and his chíld<u>re</u>n for éver.







It was needful for the Christ to suff-er and to rise from





the dead. al - le - lu - ia.

Creed

Litany & Our Father

Collect (as at Mattins)

**MATTINS** 

Te Deum

We praise you, O God,

We acclaim you as the Lord.

All creation worships you, the Father everlasting.

To you all angels, all the powers of heaven, cherubim and seraphim sing in endless praise,

Holy, holy Lord, God of power and might; heaven and earth are full of your glory.

The glorious company of apostles praise you; the noble fellowship of prophets praise you.

The white-robed army of martyrs praise you; throughout the world the holy Church acclaims you.

Father of majesty unbounded; your true and only Son, worthy of all worship; and the Holy Spirit, advocate and guide.

You are the King of glory, O Christ, the eternal Son of the Father.

When you took our flesh to set us free, you humbly chose the Virgin's womb.

You overcame the sting of death, and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory, we believe that you will come to be our judge.

Come then, Lord, and help your people, bought with the price of your own blood; and bring us with your saints to glory everlasting.

OFFICE HYMN





- O Cross of Christ, immortal tree on which our only Saviour died, the world is sheltered by your arms that carried Love, the Crucified.
- 2 From bitter death and barren wood the tree that brings us life is made; its branches bear unfailing fruit and leaves that time has not decayed.
- O faithful Cross, you stand unmoved while earthly ages run their course: foundation of the universe, and all creation's binding force.
- 4 Give glory to the risen Christ and to his holy Cross give praise, the sign of God's unfathomed love, the blessed hope of all our days.

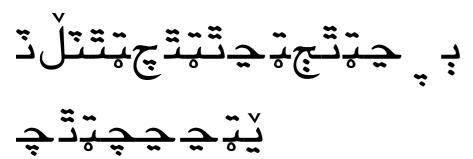
Amen.

Stanbrook Abbey [metre altd]

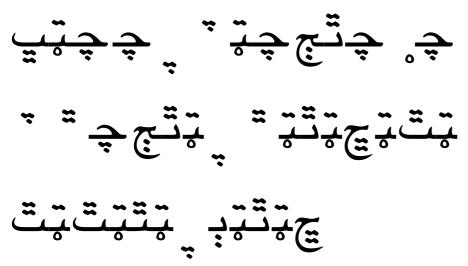
Psalm 67 Deus misereatur Crucem sanctam subiit (AMIII 214)

IId

He bore the ho - ly cross \* which broke the chains of hell; gird - ed



with power from on high, he rose on the third day,



- al -le - lu ia.
- May God be merciful to ús and bléss us, \* show us the light of his countenánce and cóme to us.
- 2 Let your ways be knówn upón earth, \* your saving health amóng all nátions.
- 3 Let the peoples práise you, O God; \* let all the péoples práise you.
- 4 Let the nations be glad and sing fôr joy, \* for you judge the péoples with équity and guide all the nátions upón earth.

- 5 Let the peoples práise you, O God; \* let all the péoples práise you.
- The earth has brought fórth her increase; \* may God, our own God, give us his bléssing.
- 7 May God give <u>us</u> his bléssing, \*
  and may all the ends of the earth stánd in áwe of him.

In the face of Jesus Christ, your light and glory have blazed forth to all the nations, O God; with all your people, may we make known your grace and live out your ways of peace. **Amen.** 

Psalm 93 Dominus regnavit

Crux (AMIII 214 Venantius Fortunatus)

VIIIg



See \* the blessed Cross shine forth where the bo -dy of the



Lord hung, and with his blood he has washed our wounds.



- The Lord is king; he has put on spléndid appárel; \* the Lord has put on his apparel and gírded himsélf with strength.
- 2 He has máde the whole wórld so sure \* that it cánnot bé moved;
- 3 Ever since the world began, your throne has béen estáblished; \* you are from éverlásting.
- The waters have lifted up, Ô Lord, †
  the waters have lifted úp their voice; \*
  the waters have lifted úp their póunding waves.

- Mightier than the sound of many waters, † mightier than the bréakers of the sea, \* mightier is the Lord who dwells on high.
- Your testimonies are verŷ sure, \* † and holiness adórns your hóuse, O Lord, for ever ánd for évermore.

You have established your throne, O Lord, above the chaos of this world: may your truth, which is for everlasting, be ours, now and for ever. **Amen.** 

Psalm 100 Jubilate Deo Ecce crucem Domini (AMIII 214 cf Rev 5.5)



Be-hold the Cross of the Lord, \* flee a-way all powers of darkness,



the li - on of the tribe of Ju-dah, the root of Da - vid has con-quered.

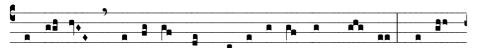


- Be joyful in the Lord, all you lands; \* † serve the Lord with gladness and come before his présence with a song.
- 2 Know this: The Lord himself îs God; \* †
  he himself has máde <u>us</u> and wé are his;
  we are his people and the shéep of his pásture.
- 3 Enter his gates with thanksgiving; † go into his courts with praise; \* give thanks to him and call upon his name.
- 4 For the Lord îs good; †

his mercy is éverlásting; \* and his faithfulness endúres from áge to age.

As we enter your courts of light, O Lord, may we rejoice in your power to save and praise your faithfulness, day by day; through lesus Christ our Lord. **Amen.** 

Venite omnes (AMIII 215)

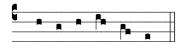


Let all come to a-dore him who is ri-sen from the dead; the one



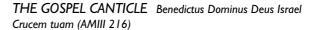
who, through the cross, brought joy in-to all the world,





- Jesus Christ suffered for you, leaving you an example, \* that you should follow in his steps.
- He committed no sin, no guile was found on his lips, \* when he was reviled, he did not revile in réturn.
- When he suffered, he did not threaten, \*
  but entrusted himself to God, who judges justly.
- 4 Christ himself bore our sins in his bódy ón the tree, \* that we might die to sin and líve to ríghteousness.
- By his wounds you have been healed, for you were stráying líke sheep, \* but now you have returned to the Shepherd and Gúardian óf your souls.

## **READING**





We a-dore \* your Cross, O Lord, and your ho-ly re-sur-rection



we praise and glo - ri - fy: for through the wood of the cross



joy has come in-to all the world.

Blessed be the Lord, **the** Gód of Ísrael; \* he has come to his péople and sét them free.

He has raised up for us a mighty Sáviour, \* born of the house of his sérvant Dávid.

Through his holy prophets he promised ôf old, † that he would save **us** from our énemies, \* from the hands of all who hate us.

He promised to show mercy tó our fáthers \* and to remember his hóly cóvenant.

This was the oath he swore to **our** fáther Ábraham, \* to set us free from the hánds <u>of</u> our énemies,

free to wor**ship** him without fear, \*
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High, \* for you will go before the Lord to prepare his way,

to give his people knowledge of salvation \* by the forgiveness of their sins.

IVe

In the tender **com**pássion óf our God \* the dawn from on high shall bréak upón us,

to shine on those who dwell in darkness and **the** shadow of death, \* and to guide our feet <u>into</u> the way of peace.



#### **BIDDING & PRAYERS**

### Collect

Almighty God, who in the passion of your blessed Son made an instrument of shameful death to be for us the means of life: grant us so to glory in the cross of Christ that we may gladly suffer for his sake; who lives and reigns with you in the unity of the Holy Spirit, one God, now and for ever.



The royal banners forward go, the cross shines forth in mystic glow; where he through whom our flesh was made,

in that same flesh our ransom paid.

As there he hung, his sacred side by soldier's spear was opened wide, to wash us in that precious flood, where mingled water flowed and blood.

Fulfilled is all that David told in true prophetic song of old; how God the nations' king should be, for God is reigning from the tree.

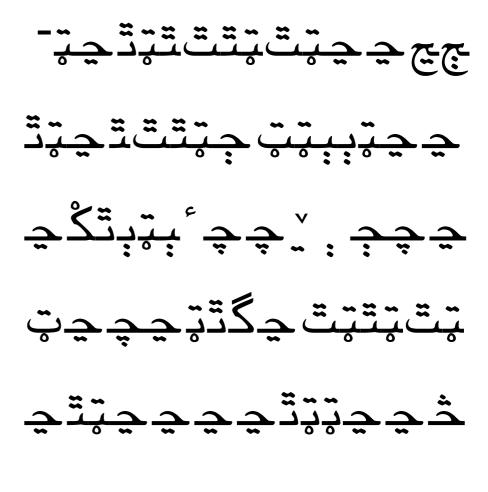
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On your blest arms, as balance true, he weighed the price for sinners due; the ransom of this world to pay, and spoil the spoiler of his prey.

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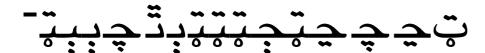
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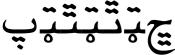
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Cru -ci - fied \* and ris - en from the dead, he has re-deemed us





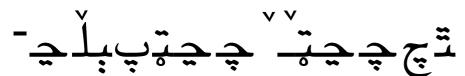




by his blood, al-le - lu - ia.

- The Lord said to my lord, "Sít at my ríght hand, " until I make your enemíes your fóotstool."
- The Lord will send the sceptre of your power out of Zíon, \* saying, "Rule over your enemies round about you.
- Princely state has been yours from the day of your birth, \* † in the beauty of holiness have Í begótten you, like dew from the womb of the morning."
- The Lord has sworn and hé will nót recant: \*
  "You are a priest for ever after the order óf Melchízedek."
- The Lord who is at your right hand will smite kings in the day of hîs wrath; \* † he will rule óver the nátions.
- 6 He will heap high the corpses; \* he will smash heads over the wide earth.
- 7 He will drink from the brook beside the road; \* therefore he will lift high his head.
  - O Christ, our king and our great high priest,

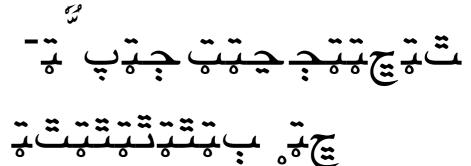
as in humility you were born among us so now in power may you ever plead for us; for you are alive and reign in the glory of the Father, now and for ever. **Amen.**  la<sup>2</sup>







O wondrous cross, \*re - mov -ing every wound and res - tor - ing



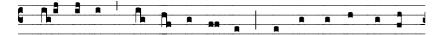
life and health.

- Hallelujah! I will give thanks to the Lord with my whole heart, \* in the assembly of the upright, in the congregation.
- Great are the deeds of the Lord! \* † they are studied by all who delight in them.
- 3 His work is full of majesty and splendour, \* and his righteousness endúres for éver.
- 4 He makes his marvellous works to bé remémbered; \* the Lord is gracious and fúll of compássion.
- 5 He gives food to those who fear hîm; \* † he is ever mindful óf his cóvenant.
- 6 He has shown his people the power of his works \* in giving them the lánds of the nátions.
- 7 The works of his hands are faithfulnéss and jústice; \* all his *com*mándments áre sure.
- They stand fast for é<u>ve</u>r and éver, \*
  because they are done <u>in</u> trúth and équity.
- 9 He sent redemption to his peoplê; † he commanded his covenánt for éver; \* holy and áwesome ís his name.
- The fear of the Lord is the beginning of wisdôm; \* † those who act accordingly have a góod <u>un</u>derstánding; his praise <u>en</u>dúres for éver.

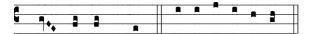
Holy Father, you have revealed in your only begotten Son the power of the new and everlasting covenant: on this day, which we have made your own, feed your people with the bread of heaven as they recount your marvellous deeds; through Jesus Christ our Lord. **Amen.** 

Psalm 112 Beatus vir Nos autem (AM111 211)

VIIc



Far be it \* from us to glo - ry save in the cross of our



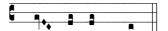
Lord Je- sus Christ.

- Hallelujah!
   Happy are théy who féar the Lord \*
   and have great delight in hís commándments!
- Their descendants will be mighty in the land; \* the generation of the úpright will be blessed.
- Wealth and riches will be in their house, \* and their righteousness will last for ever.
- 4 Light shines in the darkness for the úpright; \* the righteous are merciful and fúll of compássion.
- 5 It is good for them to be generous in lénding \* and to manage their affairs with jústice.
- 6 For they will néver be sháken; \* the righteous will be kept in everlásting remémbrance.
- 7 They will not be afraid of any évil rúmours; \* their heart is right; they put their trúst in thé Lord.
- 8 Their heart is estáb<u>lished</u> and will not shrink, \* until they see their desire upón their énemies.

- They have given freely to the poor, \* and their righteousness stands fást for éver; they will hold up their héad with hónour.
- The wicked will see it and be angrŷ; †
  they will gnash their téeth and pine away; \*
  the desires of the wicked will pérish.

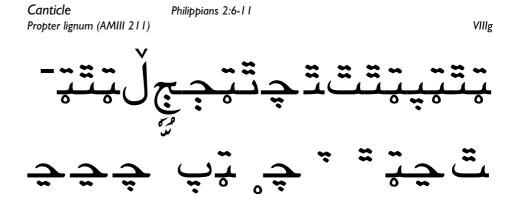


Far be it from us to glo - ry save in the cross of our



Lord Je- sus Christ.

Lord our God, you have given us the light of Christ to banish darkness and to lead us in the way of your commandments: make it ever our delight to fulfil your will, and truly to love one another; through Jesus Christ our Lord. Amen.



By a tree \* were we bound in sla - ve-ry; by the ho-ly cross

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ێڿؠۛڐڿڿڐڿڐڮڿ

are we giv'n li-ber - ty; as the fruit of a tree de - ceived us,

<u>ڇڙڙڙڙڙڙڙڙ</u>

- Christ Jesus was in the form of God \* but he did not cling to equality with God.
- He emptied himself, taking the fórm <u>of</u> a sérvant, \* and was born in <u>the</u> líkeness óf men;
- and being fóund in húman form \*

  <u>he</u> húmbled hímself:
- and became obédient únto death \*

  ev<u>en</u> déath on á cross.
- 5 Therefore God has highly exalted him \* and bestowed on him the name above évery name.

- That at the name of Jesus évery knée should bow \* in heaven and on earth <u>and</u> únder thé earth.
- 7 And every tongue confess that Jésus Chríst is Lord \* to the glory of Gód the Fáther.

are we giv'n li -ber - ty; as the fruit of a tree de - ceived us, ڍڃټٿٽٿڍکڍ <u>ؠ</u>ٮٚٮٛؾڵؠڐٮڿ ڵٚڃڰؾؠۛڗڹ۪ڿؚؾؾٞؾؠٚڐػ the Son of God has re - deemed us, al-le - lu-ia, al - le - lu - ia.

#### THE GOSPEL CANTICLE

The Song of Mary

Magnificat anima mea Dominum

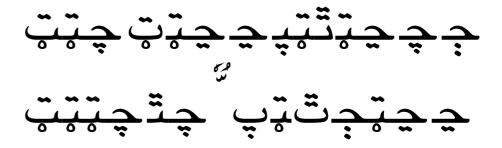
Luke 1: 46-55

Super omnia (AMIII 220)

Ιď

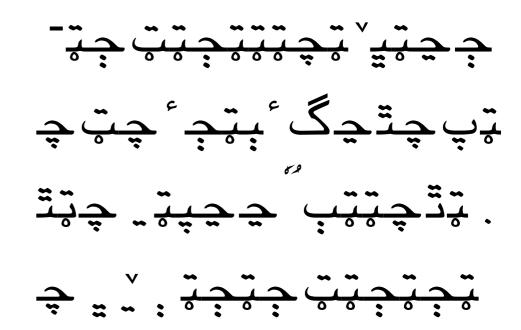


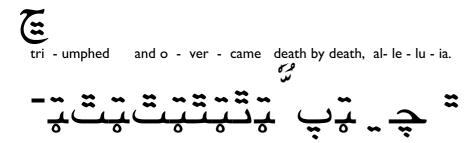
You a- lone \* are far a -bove all the ce-dars of Le-ba-non,

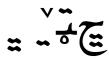


\* 7.

for on you was hung the life of the world; on you Christ has







My soul proclaims the greatness of the Lord, † my spirit rejoices **in** Gód my Sáviour \* for he has looked with favour on his lówly sérvant.

From this day all generations **will** call me bléssed: \* the Almighty has done great things for me, and hóly ís his name.

He has mercy **on** those who fear him \* in every géneration.

He has shown **the** stréngth of his arm, \* he has scattered the proud in théir conceit.

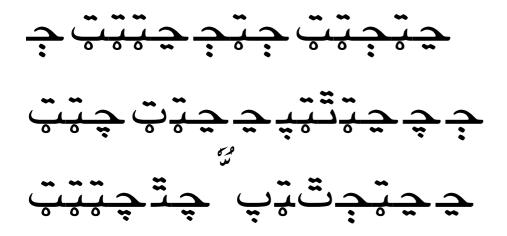
He has cast down **the** mighty from their thrones, \* and has lifted up the lowly.

He has filled the **húngry** with good things, \* and the rich he has sént <u>away</u> émpty.

He has come to the help of **his** sérvant Ísrael, \* for he has remembered his prómise of mércy,

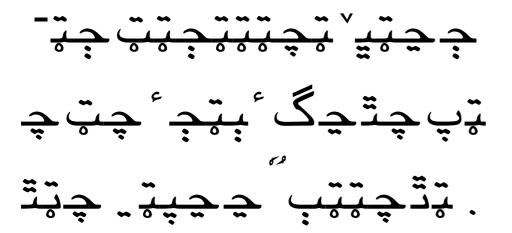
the promise he **máde** <u>to</u> our fáthers, \* to Abraham and his chíld<u>re</u>n for éver.

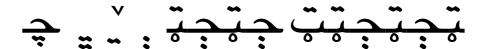
You a- lone are far a -bove all the ce-dars of Le-ba-non,



\* 7 \*

for on you was hung the life of the world; on you Christ has





**E** 

tri - umphed and o - ver - came death by death, al- le - lu - ia.

Creed

Litany & Our Father

Collect (as at Mattins)