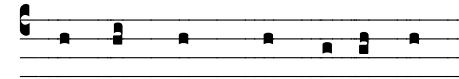


# Eastertide

Ascension  
to  
Pentecost



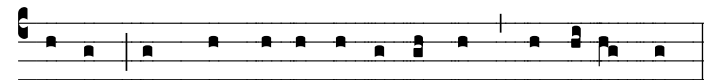
O God, make speed to save us



O Lord, make haste to help us. Glo-ry to the Fa-ther, and to



the Son, and to the Ho -ly Spi -rit. As it was in the be-ginning,

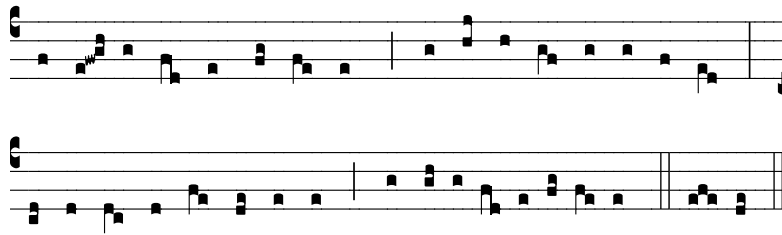


is now, and shall be for e-ver. Amen. Al-le-lu - ia.

ASCENSION OF OUR LORD JESUS CHRIST First Evensong

Office Hymn

IV



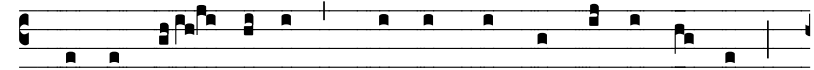
- 1 Jesus, our hope, our hearts' desire,  
redemption's source and love's true fire;  
God, working out creation' plan  
and in this earthly time made man.
- 2 What mercy here on us was shed,  
that took our sins upon your head,  
which pain and cruel death could bear,  
to set us free from death's despair.
- 3 Such love that beat down hell's dark door,  
and gave its captives life once more:  
O Lord, victorious in the fight,  
now seated at the Father's right.
- 4 May that great love, which led you there  
to suffer pain, our souls to spare,  
now raise us up around your throne  
to see your glory, yours alone.
- 5 Be all our joy, ascended Lord,  
as you will be our great reward;  
in you may all our glory be,  
both now and in eternity. Amen.

Jesu nostra redemptio (9th Century)  
tr. Composite

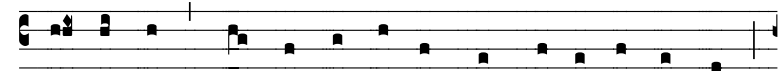
The Word of God

Psalm 15 Domine, quis habitabit?

VIIa



Men of Ga - li - lee, \* why stand look-ing in-to hea-ven



This Je- sus, who was ta- ken up from you in-to hea-ven,

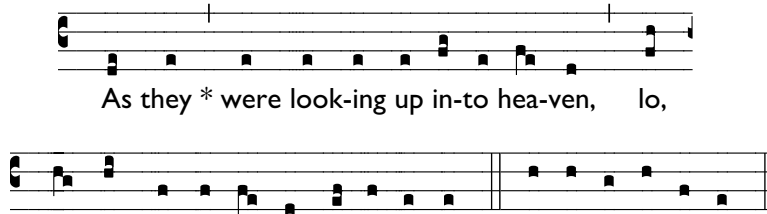


will come a-gain, al - le - lu - ia.

- 1 Lord, who may dwell in your tábernácle? \*  
who may abide upón your hóly hill?
- 2 Whoever leads a blameless life and does whát is right, \*  
who speaks the trúth from his heart.
- 3 There is no guile upon his tongue;  
he does no évil tó his friend; \*  
he does not heap contempt upón his néighbour.
- 4 In his sight the wicked is rejécted, \*  
but he honours thóse who féar the Lord.
- 5 He has swórn to dó no wrong \*  
and does nót take báck his word.
- 6 He does not give his móney in hópe of gain, \*  
nor does he take a bribe agáinst the innocent.
- 7 Whoéver does these things \*  
shall néver be óverthrown.

Psalm 97 Dominus regnavit

VIIIg

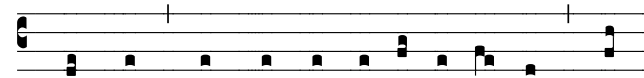


Je - sus was ta-ken up, al-le -lu - ia.

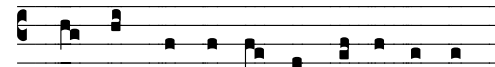
- 1 The Lord is king; lét the éarth rejoice; \*  
let the multítude óf the ísles be glad.
- 2 Clouds and darkness are róund abóut him, \*  
righteousness and justice  
are the foundátions óf his throne.
- 3 A fire góes befóre him \*  
and burns up his enemíes on évery side.
- 4 His líghtnings light úp the world; \*  
the earth sées it and ís afraid.
- 5 The mountains melt like wax at the présence óf the Lord, \*  
at the presence of the Lórd of the whóle éarth.
- 6 The heavens decláre his ríghteousness, \*  
and all the peoples sée his glóry.
- 7 Confounded be all who worship carved images  
and delíght in fálse gods! \*  
Bow down befóre him, áll you gods.
- 8 Zíon hears and ís glad and the cíties of Júdáh rejoice, \*  
because of your júdgements, Ó Lord.
- 9 For you are the Lord: most hígh over áll the éarth; \*  
you are exalted fár abóve all gods.
- 10 The Lord loves thóse who hate évil; \*  
he preserves the lives of his saints  
and delivers them from the hánd of the wícked.

11 Light has sprung up fór the ríghteous, \*  
and joyfú gladness for thóse who áre true-héarted.

12 Rejoice in the Lórd, you ríghteous, \*  
and give thánks to his hóly name.



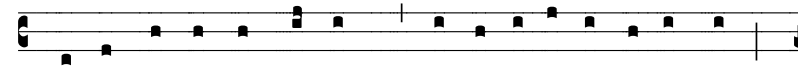
As they \* were look-ing up in-to hea-ven, lo,



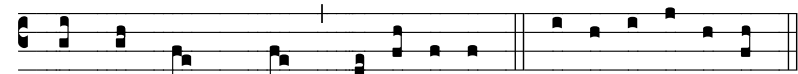
Je - sus was ta-ken up, al-le -lu - ia.

Psalm 99 Dominus regnavit

IVc



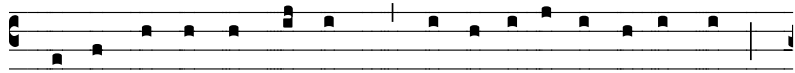
Je- sus, lift -ing up his hands \* was ta-ken up in-to hea-ven:



and he blessed them, al-le- lu - ia.

- 1 The Lord is king; let the péople trémble; \*  
he is enthroned upon the cherubim; lét the éarth shake.
- 2 The Lord is gréat in Zíon; \*  
he is hígh abóve all péoples.
- 3 Let them confess his name, which is gréat and áwesome; \*  
he ís the Hóly One.
- 4 "Ó míghty King, lover of justice,  
you have established équity; \*  
you have executed justice and ríghteousness in Jácob."

- 5 Proclaim the greatness of the Lord our God  
and fall down before his footstool; \*  
he is the Holy One.
- 6 Moses and Aaron among his priests, †  
and Samuel among those who call upon his name, \*  
they called upon the Lord and he answered them.
- 7 He spoke to them out of the pillar of cloud; \*  
they kept his testimonies and the decree that he gave them.
- 8 “O Lord our God, you answered them indeed; \* †  
you were a God who forgave them,  
yet punished them for their evil deeds.”
- 9 Proclaim the greatness of the Lord our God †  
and worship him upon his holy hill; \*  
for the Lord our God is the Holy One.



Je- sus, lift - ing up his hands \* was ta-ken up in-to hea-ven:



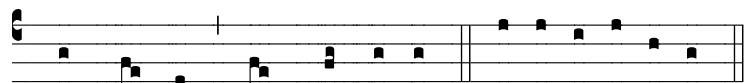
and he blessed them, al-le- lu - ia.

Psalm 100 *Jubilate Deo*

VIIIg



Ac-claim and ex- alt \* the King of kings: and to our God

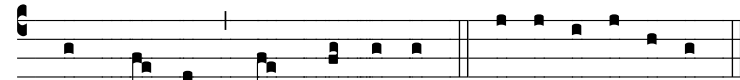


sing prais- es, al - le - lu - ia.

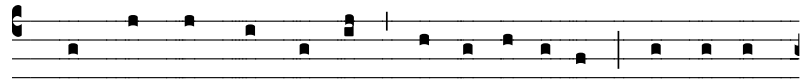
- 1 Be joyful in the Lord, all you lands; \*  
serve the Lord with gladness  
and come before his presence with a song.
- 2 Know this: The Lord himself is God; \* †  
he himself has made us and we are his;  
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving; †  
go into his courts with praise; \*  
give thanks to him and call upon his name.
- 4 For the Lord is good; his mercy is everlasting; \*  
and his faithfulness endures from age to age.



Ac-claim and ex- alt the King of kings: and to our God



sing prais- es, al - le - lu - ia.



While they were look-ing on,\* he was ta-ken up: and a cloud



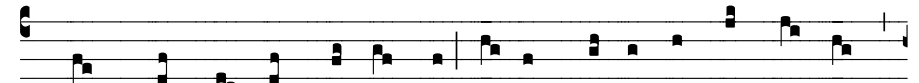
re- ceived him in-to hea-ven, al-le - lu - ia.

- 1 We give thanks to you, Lord God Almighty, †  
ever present and eternal \*  
for you have taken your great power and begun to reign.
- 2 The nations raged, but the day of your wrath has come \*  
and the time for the dead to be judged.
- 3 The time has come to reward your servants \*  
The prophets and saints; and those who fear  
your name, both small and great.
- 4 Now the salvation of God has come, †  
his power and his glorious kingdom \*  
Now has come the authority of his Christ.
- 5 For the accuser of our brothers has been thrown down \*  
who accuses them day and night before our God.
- 6 And they have conquered him by the blood of the Lamb,  
and by their word of witness. \*  
Rejoice then, O heaven, and you that dwell therein.

## READING



Fa -ther, \* I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



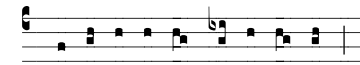
and not for the world, be -cause I am com-ing to you, al-



le - lu -ia.

## Solemn Intonations

I & VI



My soul proclaims the greatness of the Lord, †  
my spirit rejoices in God my Saviour \*  
for he has looked with favour on his lowly servant.

From this day all generations will call me blessed: \*  
the Almighty has done great things for me,  
and holy is his name.

He has mercy on those who fear him \*  
in every generation.

He has shown the strength of his arm, \*  
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, \*  
and has lifted up the lowly.

He has filled the **hún**gry with **gó**od things, \*  
and the rich he has **sént** away **é**mpty.

He has come to the help of **his** **sérvant** Ísrael, \*  
for he has remembered his **próm**ise of **mércy**,

the promise he **máde** to our **fáthers**, \*  
to Abraham and his **chíldr**en for **é**ver.



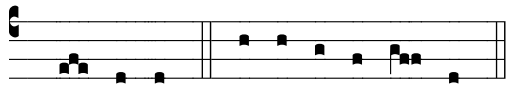
Fa - ther, I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



and not for the world, be - cause I am com-ing to you, al-



le - lu - ia.

### Collect

Grant, we pray, almighty God,  
that as we believe your only-begotten Son our Lord Jesus Christ  
to have ascended into the heavens,  
so we in heart and mind may also ascend  
and with him continually dwell;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### ASCENSION OF OUR LORD JESUS CHRIST

Mattins

Hebdomadary  
ALL

O Lord, open our lips,  
**And our mouth shall proclaim your praise.**

Hebdomadary  
ALL

O God, make speed to save us.  
**O Lord, make haste to help us.**

ALL

**Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and shall be for ever.  
Amen. Alleluia.**

OR



O Lord, o-pen our lips;



And our mouth shall pro - claim your praise.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit;



as it was in the be-gin-ning, is now and shall be for e-ver. A-men.



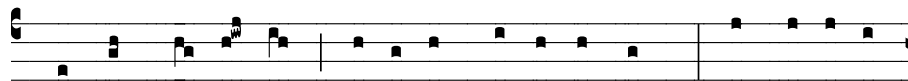
Al - le - lu - ia.

**Invitatory**

**Te Deum Laudamus**

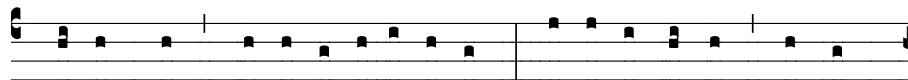
*May be sung full: or antiphonally as indicated:*

**Cantor:** **A:** **B:**



We praise you, O God; we acclaim you as the Lord. All cre -a-tion

**A:**




worships you, the Father e-ver-lasting. To you all angels, all the

**B:**



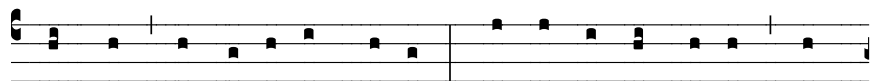
pow'rs of heaven, the cheru-bim and seraphim sing in endless praise:

**Full:**



Ho - ly, ho - ly, ho - ly, Lord God of power and might. Heaven

**A:**




and earth are full of your glo-ry. The glorious compa-ny of

**B:**




a-postles praise you. The noble fel-lowship of prophets praise you.

**A:**




The white-robed army of martyrs praise you.

**B:**



Throughout the world the ho-ly Church acclaims you:

**Full:**

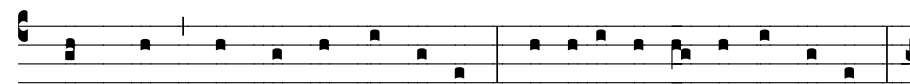


Fath-er of majesty unbounded; Your true and only Son, worthy



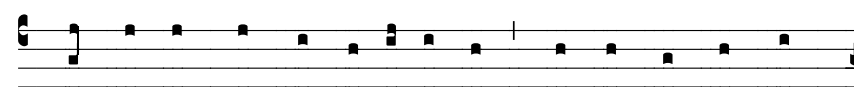
of all worship; and the Ho-ly Spi-rit, advocate and guide.

**A:**



You, Christ, are the king of glo-ry, the e-ternal Son of the Father.

**B:**



When you took our flesh to set us free you humbly chose the

**A:**

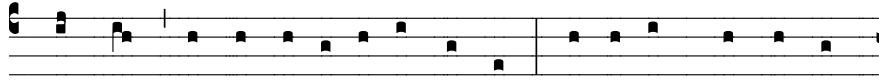


Virgin's womb. You o-vercame the sting of death and opened

**B:**

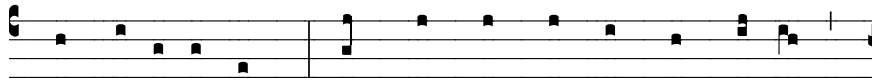


the kingdom of heav'n to all be-liev-ers. You are seated at God's



right hand in the glo-ry of the Fath-er. We be-lieve that you will

**Full:**



come to be our judge. Come then, Lord, and help your people,



bought with the price of your own blood, and bring us



with your saints to glo-ry e-verlast - ing.

**Te Deum Laudamus**

We praise you, O God,  
We acclaim you as the Lord.

All creation worships you,  
the Father everlasting.

To you all angels, all the powers of heaven,  
cherubim and seraphim sing in endless praise,

**Holy, holy, holy Lord, God of power and might;  
heaven and earth are full of your glory.**

The glorious company of apostles praise you;  
the noble fellowship of prophets praise you.

The white-robed army of martyrs praise you;  
throughout the world the holy Church acclaim you.

**Father of majesty unbounded;  
your true and only Son, worthy of all worship;  
and the Holy Spirit, advocate and guide.**

You are the King of glory, O Christ,  
the eternal Son of the Father.

When you took our flesh to set us free,  
you humbly chose the Virgin's womb.

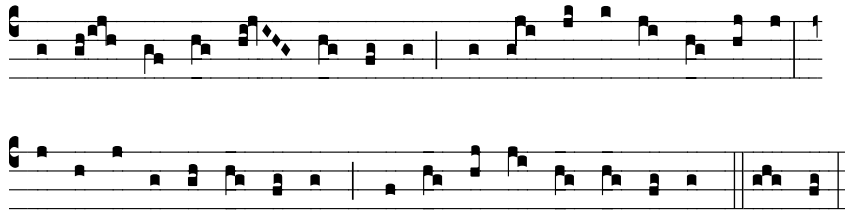
You overcame the sting of death,  
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory,  
we believe that you will come to be our judge.

**Come then, Lord, and help your people,  
bought with the price of your own blood;  
and bring us with your saints  
to glory everlasting.**



## Hymn



- 1 The Lord goes up with shouts of joy,  
while trumpets all his triumph tell;  
with him humanity is raised  
above angelic worlds to dwell.
- 2 He sits with God, at his right hand,  
who is the Lord of everything;  
the Father's glory is his own:  
Christ Jesus, all creation's King.
- 3 And when he comes again in might,  
to raise up on that splendid day,  
we shall be gathered up to him,  
and every tear be wiped away.
- 4 O God our Father, hear our prayer:  
with Christ our Lord, your only Son,  
send forth the Spirit of your love  
to live in us and make us one. Amen.

Stanbrook Abbey

VIII

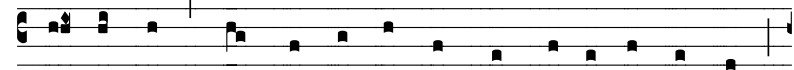
## The Word of God

Psalm 8 Domine, Dominus noster

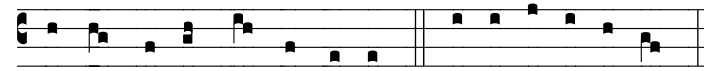
VIIa



Men of Ga - li - lee, \* why stand look-ing in-to hea-ven



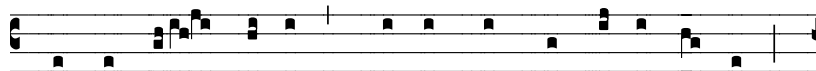
This Je- sus, who was ta- ken up from you in-to hea-ven,



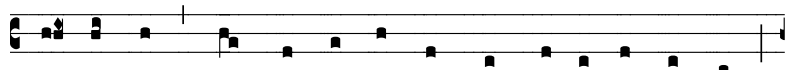
will come a-gain, al - le - lu - ia.

- 1 O Lórd our góvornor, \*  
how exalted is your náme in áll the world!
- 2 Out of the mouths of ínfa<sup>n</sup>ts and chíldren \*  
your majesty is praised ábóve the héavens.
- 3 You have set up a stronghold against your adversaries, \*  
to quell the enemy and the avengêr. †
- 4 When I consider your heavens, the wórk of your fíngers, \*  
the moon and the stars you have sê<sup>t</sup> in their cóurses,
- 5 What is man that you should be mindful ôf him? \* †  
the son of man that yóu should séek him out?
- 6 You have made him little lower than the angels; \*  
you adorn him with glóry and hónour.
- 7 You give him mastery over the wórk<sup>s</sup> of yóur hands; \*  
and put all things únder hís feet,
- 8 All shéep and óxen, \*  
even the wild beasts óf the field,
- 9 The birds of the air, the físh of the sea, \*  
and whatsoever walks in the páths óf the sea.

10 O Lórd our góvornor, \*  
how exalted is your náme in áll the world!



Men of Ga - li - lee, why stand look-ing in-to hea-ven



This Je - sus, who was ta - ken up from you in-to hea-ven,



will come a-gain, al - le - lu - ia.

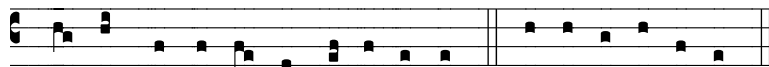
O God the Word and Son of God,  
exalted is your name in all creation,  
yet you have stooped to become one with us:  
as you have ordained humanity the steward of your creation,  
so minister through us the mystery of your salvation;  
to the glory of your holy Name. **Amen.**

*Psalms 21 Domine, in virtute tua*

*VIIIg*



As they \* were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

1 The king rejoices in your strength, O Lord; \*  
how greatly he exúlts in your víctory!

2 You have given him his héart's desire; \*  
you have not denied him the requést of his lips.

**Ascension of the Lord / 17**

3 For you meet him with blessings of prosperítý, \* †  
and set a crown of fine góld upón his head.

4 He asked you for life and you gave it to him; \*  
length of days, for éver and éver.

5 His honour is great, becáuse of your víctory; \*  
splendour and majesty have you bestówed upón him.

6 For you will give him everlasting felicítý \* †  
and will make him glad with the jóy of your présence.

7 For the king puts his trust in the Lord; \*  
because of the loving-kindness of the Most Hígh, he will not fall.

8 Your hand will lay hold upon áll your éemies; \*  
your right hand will seize all thóse who háte you.

9 You will make them like a fiery fúrnace \*  
at the time of your appéaring, Ó Lord;

10 You will swallow them up in your wrath, \*  
and fire shall consúme them.

11 You will destroy their offspring from the land \*  
and their descendants from among the péoples óf the earth.

12 Though they intend evil against you  
and devise wícked schemes, \*  
yet théy shall nót prevail.

13 For you will pút thém to flight \*  
and aim your árrows át them.

14 Be exalted, O Lórd, in your might; \*  
we will síng and práise your power.



As they \* were look-ing up in-to hea-ven, lo,



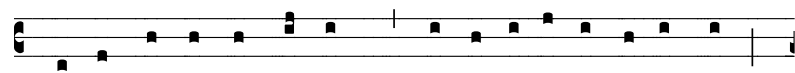
Je - sus was ta-ken up, al-le -lu - ia.

**Ascension of the Lord / 18**

Go before us, Lord Christ,  
with the blessings of your goodness  
and guide all those you call to authority  
in the way of your justice,  
the knowledge of your liberty  
and the wisdom of your gentleness;  
for your Name's sake. **Amen.**

*Psalm 24 Domini est terra*

*IVc*



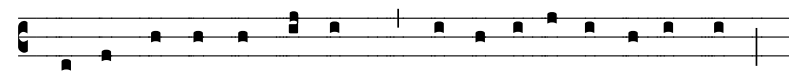
Je- sus, lift -ing up his hands \* was ta-ken up in-to hea-ven:



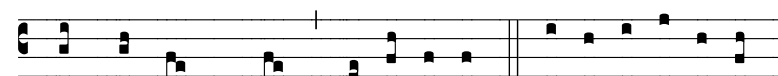
and he blessed them, al-le- lu - ia.

- 1 The earth is the Lord's and áll that is ín it, \*  
the world and áll who dwéll therein.
- 2 For it is he who founded ít upón the seas \*  
and made it firm upon the rivers óf the deep.
- 3 "Who can ascend the híll óf the Lord? \*  
and who can stánd in his hóly place?"
- 4 "Those who have clean hánds and a púre heart, \*  
who have not pledged themselves to falsehood,  
nor swórn by what is a fraud.
- 5 They shall receive a bléssing fróm the Lord \*  
and a just reward from the God of théir salvátion."
- 6 Such is the generation of thóse who séek him, \*  
of those who seek your face, O Gód of Jácob.
- 7 Lift up your heads, Ô gates; †  
lift them high, O éverlásting doors; \*  
and the King of glóry sháll come in.

- 8 "Who is this Kíng of glóry?" \*  
"The Lord, strong and mighty,  
the Lord, míghty in báttle."
- 9 Lift up your heads, Ô gates; †  
lift them high, O éverlásting doors; \*  
and the King of glóry sháll come in.
- 10 "Who is he, this Kíng of glóry?" \*  
"The Lord of hosts, he is the Kíng of glory."



Je- sus, lift -ing up his hands \* was ta-ken up in-to hea-ven:



and he blessed them, al-le- lu - ia.

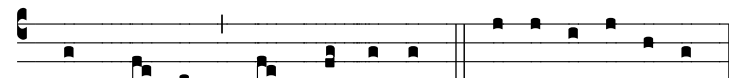
O Lord of Hosts,  
purify our hearts  
that the King of glory may come in,  
even your Son, Jesus our Redeemer. **Amen.**

*Psalm 149 Cantate Domino*

*VIIIg*



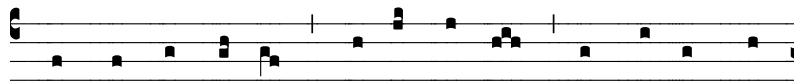
Ac-claim and ex- alt \* the King of kings: and to our God



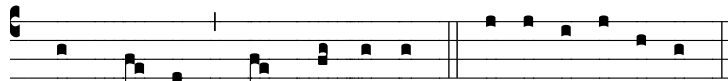
sing prais- es, al - le- lu - ia.

- 1 Hallelujah!  
Sing to the Lórd a nów song; \*  
sing his praise in the congregation óf the fáithful.

- 2 Let Israel rejoice in his maker; \*  
let the children of Zion be joyful in their king.
- 3 Let them praise his name in the dance; \*  
let them sing praise to him with timbrel and harp.
- 4 For the Lord takes pleasure in his people \*  
and adorns the poor with victory.
- 5 Let the faithful rejoice in triumph; \*  
let them be joyful on their beds.
- 6 Let the praises of God be in their throat \*  
and a two-edged sword in their hand;
- 7 To wreak vengeance on the nations \*  
and punishment on the peoples;
- 8 To bind their kings in chains \*  
and their nobles with links of iron;
- 9 To inflict on them the judgement decreed; \* †  
this is glory for all his faithful people.  
\_ Hallelujah!



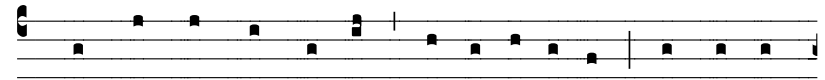
Ac-claim and ex- alt \* the King of kings: and to our God



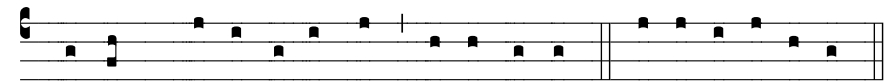
sing praises, al - le - lu - ia.

Canticle A SONG OF JOY Isaiah 42.10-16

VIIIg



While they were looking on, \* he was taken up: and a cloud



received him into heaven, al-le - lu - ia.

- 1 Sing to the Lord a new song \*  
his praise to the end of the earth.
- 2 Let the sea roar and all that fills it \*  
the islands and those who inhabit them.
- 3 Let the desert and its cities lift up their voice \*  
the villages that Kedar inhabits.
- 4 Let the inhabitants of Sela sing for joy \*  
let them shout from the tops of the mountains.
- 5 Let them give glory to the Lord \*  
and declare his praise in the coastlands.
- 6 The Lord goes forth like a mighty man \*  
like a man of war he stirs up his fury.
- 7 He cries out, he shouts aloud \*  
he shows himself mighty against his foes.
- 8 I will lay waste mountains and hills, †  
and shrivel all their green herbs \*  
I will turn rivers into desert wastes, and dry up all the pools.
- 9 Then will I lead blind men on their way \*  
and guide them by paths they do not know.
- 10 I will turn darkness before them into light \*  
the rough places into level ground.

READING

**BENEDICTUS***Ascendo (AM 510)*

Vlla



I am ascending \* to my Father and your Father, my God

and your God, al-le - lu - ia.

Blessed be the Lord, **the** Gód of Ísrael; \*  
he has come to his péople and sét them free.

He has raised up for us a mighty Sáviour, \*  
born of the house of his sérvant Dávid.

Through his holy prophets he promised ôf old, †  
that he would save **us** fróm our énemies, \*  
from the hands of áll who háte us.

He promised to show **mercy** tó our fáthers \*  
and to remember his hólý cóvenant.

This was the oath he swore to **our** fáther Ábraham, \*  
to set us free from the hánds of our énemies,

free to **worship** hím withóut fear, \*  
holy and righteous in his sight all the dáys of óur life.

You, my child, shall be called the **prophet** óf the Móst High, \*  
for you will go before the Lórd to prepáre his way,

to give his people **knowledge** óf salvátion \*  
by the forgiveness óf their sins.

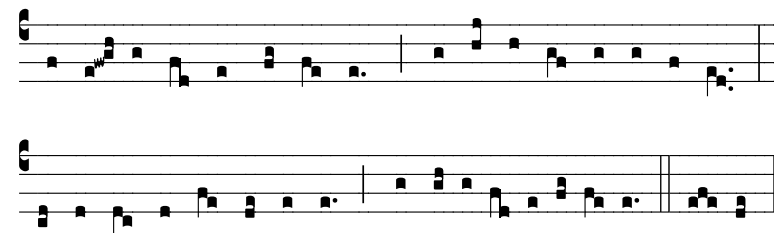
In the tender **compásson** óf our God \*  
the dawn from on high shall bréak upón us,

to shine on those who dwell in darkness and **the** shádów of death, \*  
and to guide our feet intó the wáy of peace.

Collect - as at First Evensong

**ASCENSION OF OUR LORD JESUS CHRIST****Second Evensong****Hymn**

IV



1 Jesus, our hope, our hearts' desire,  
redemption's source and love's true fire;  
God, working out creation' plan  
and in this earthly time made man.

2 What mercy here on us was shed,  
that took our sins upon your head,  
which pain and cruel death could bear,  
to set us free from death's despair.

3 Such love that beat down hell's dark door,  
and gave its captives life once more:  
O Lord, victorious in the fight,  
now seated at the Father's right.

4 May that great love, which led you there  
to suffer pain, our souls to spare,  
now raise us up around your throne  
to see your glory, yours alone.

5 Be all our joy, ascended Lord,  
as you will be our great reward;  
in you may all our glory be,  
both now and in eternity. Amen.

Jesu nostra redemptio (9th Century)  
tr. Composite

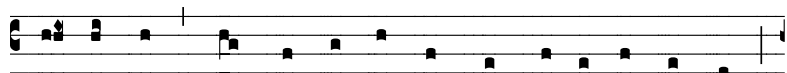
The Word of God

Psalm 47 Omnes gentes, plaudite

VIIa



Men of Ga - li - lee, \* why stand look-ing in-to hea-ven



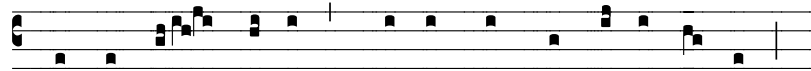
This Je- sus, who was ta- ken up from you in-to hea-ven,



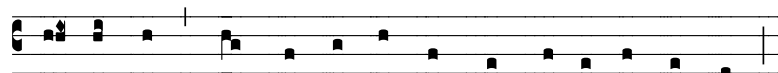
will come a-gain, al - le - lu - ia.

- 1 Clap your hands, ál you péoples; \*  
shout to Gód with a crý of joy.
- 2 For the Lord Most Hígh is tó be feared; \*  
he is the great kíng over ál the earth.
- 3 He subdues the péoples únder us, \*  
and the nátions únder óur feet.
- 4 He chooses our inhéritance fór us, \*  
the pride of Jácob whóm he loves.
- 5 God has góne up with a shout, \*  
the Lord with the sóund of the rám's-horn.
- 6 Sing praises to Gód, sing práises; \*  
sing praises to our kíng, sing práises.
- 7 For God is kíng of ál the earth; \*  
sing práises with ál your skill.
- 8 God reigns óver the nátions; \*  
God sits upón his hóly throne.
- 9 The nobles of the peoples have gáthéred togéther \*  
with the people of the Gód of Ábraham.

- 10 The rulers of the éarth belong to God, \*  
and he is híghly exálted.



Men of Ga - li - lee, why stand look-ing in-to hea-ven



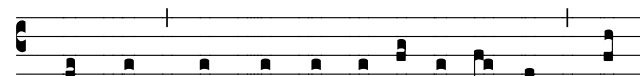
This Je- sus, who was ta- ken up from you in-to hea-ven,



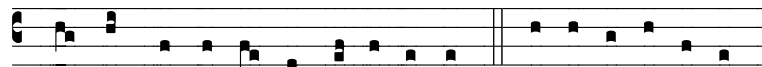
will come a-gain, al - le - lu - ia.

Psalm 48 Magnus Dominus

VIIIg



As they \* were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

- 1 Great is the Lord and híghly tó be praised; \*  
in the city of our Gód is his hóly hill.
- 2 Beautiful and lofty, the joy of all the earth,  
is the híll of Zíon, \*  
the very centre of the world and the city of the gréat king.
- 3 God is in her cítadels; \*  
he is known to bé her sure réfuge.
- 4 Behold, the kings of the éarth assémbled \*

and marched fóward together.

5 They looked and wére astóunded; \*  
they retreated and fléd in térror.

6 Trembling seized thém there; \* †  
they writhed like a wóman in chíldbírch,  
like ships of the sea when the éást wind shátters them.

7 As we have heard, so have we seen,  
in the city of the Lord of hosts, in the city of óur God; \*  
God has established hér for éver.

8 We have waited in silence on your loving-kíndness, Ó God, \*  
in the mídst of your témple.

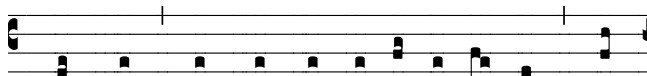
9 Your praise, like your name, O God,  
reaches tó the wórld's end; \*  
your right hand is fúll of jústice.

10 Let Mount Zion be glad  
and the cities of Júdáh rejoice, \*  
because of your júdgements.

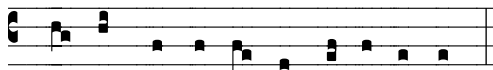
11 Make the circuit of Zion; walk róund abóut her; \*  
count the númber óf her towers.

12 Consider well her bulwarks; exámine her stróngholds; \*  
that you may tell thóse who come áfter.

13 This God is our God for éver and éver; \*  
he shall be our guíde for évermore.



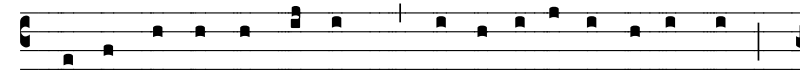
As they were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

Psalm 110 Dixit Dominus

IVc



Je- sus, lift -ing up his hands \* was ta-ken up in-to hea-ven:



and he blessed them, al-le- lu - ia.

1 The Lord said to my lord, “Sít at my ríght hand, \*  
until I make your enemies your fóotstool.”

2 The Lord will send the sceptre of your power óut of Zíon, \*  
saying, “Rule over your enemies róund abóut you.

3 Princely state has been yours from the day of yóur birth, \* †  
in the beauty of holiness have I begótten you,  
like dew from the wómb of the mórning.”

4 The Lord has sworn and hé will nót recant: \*  
“You are a priest for ever after the order óf Melchízedek.”

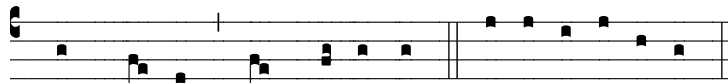
5 The Lord who is at your right hand  
will smite kings in the day of his wrath; \* †  
he will rule óver the nátions.

6 He will heap high the corpses; \*  
he will smash heads óver the wíde earth.

7 He will drink from the bróok besíde the road; \*  
therefore he will lift high his head.



Ac-claim and ex- alt \* the King of kings: and to our God

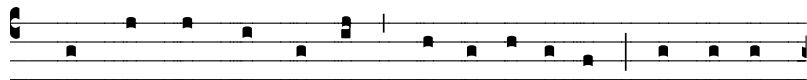


sing prais- es, al - le - lu - ia.

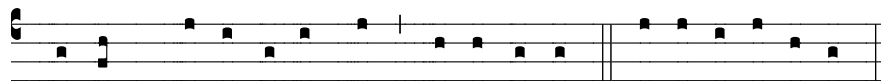
1 Praise the Lord, áll you nátions; \*  
laud him, áll you péoples.

2 For his loving-kindness towárd ús is great, \*  
and the faithfulness of the Lord endures for ever.  
Hállélújah!

Canticle



While they were look-ing on, \* he was ta-ken up: and a cloud



re- ceived him in-to hea-ven, al-le - lu - ia.

1 There is one God, and there is one mediator  
betwéen Gód and man, \*  
Christ Jésus, himsélf man,

2 who sacrificed himself to win fréedom for áll mankind, \*  
the testimony to which was bórne at the próper time.

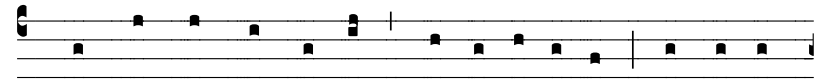
3 He was manifésted ín the flesh, \*  
vindicated ín the Spírit,

4 seen by angels, preached amóng the nátions, \*  
believed on in the world, taken úp in glóry.

5 This will be made manifest at the próper time \*  
by the blessed and only Sovereign,  
the King of kings and Lórd of lords,

6 who alone has immortality and dwells in unapproachablê light, †  
whom no one has ever séen or cán see. \*  
To him be honour and eternal domínion. Ámen.

Glory to the Father, and to the Son, and to the Hóly Spírit:  
As it was in the beginning, is now and shall be for éver. Ámen.



While they were look-ing on, \* he was ta-ken up: and a cloud



re- ceived him in-to hea-ven, al-le - lu - ia.

READING

MAGNIFICAT

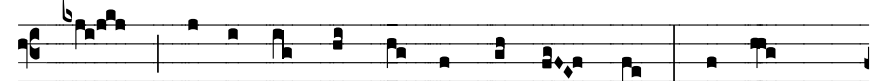
*O Rex gloriae*



O King of glo-ry, \* Lord of power and might, who on this

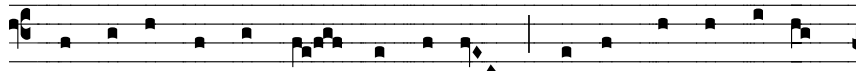


day with great tri - umph has as-cend - ed on high, a - bove all



heavn's: do not leave us, we pray, comfort - less, but send





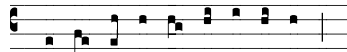
the promise of the Fa - ther on us, e-ven the Spi - rit of



truth, al-le - lu - ia.

### Solemn Intonation

II & VII



My soul proclaims the greatness of the Lord,  
my spirit rejoices **in** Gód my Sáviour \*  
for he has looked with favour on his lowly sérvant.

From this day all generations **will** cáll me bléssed: \*  
the Almighty has done great things for me,  
and hóly is his name.

He has mercy **on** thóse who féar him \*  
in every génération.

He has shown **the** stréngth of his arm, \*  
he has scattered the próud in théir conceit.

He has cast down **the** míghty fróm their thrones, \*  
and has lifted úp the lówly.

He has filled the **h**úngry with góod things, \*  
and the rich he has sént away émpty.

He has come to the help of **his** sérvant Ísrael, \*  
for he has remembered his prómise of mércy,

the promise he **máde** to our fáthers, \*  
to Abraham and his chíldrén for éver.

### Collect

Grant, we pray, almighty God,  
that as we believe your only-begotten Son our Lord Jesus Christ  
to have ascended into the heavens,  
so we in heart and mind may also ascend  
and with him continually dwell;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## OFFICE HYMN - EVENSONG

from Ascension to Pentecost

VIII

tr. composite

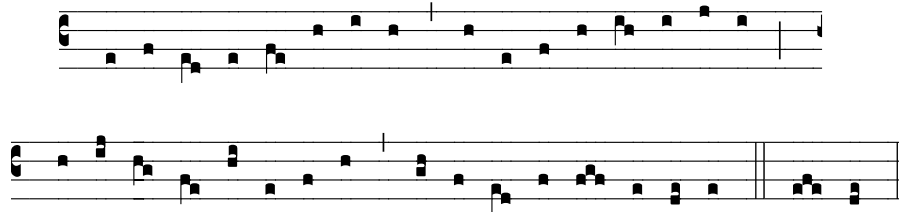
MATTINS from Ascension to Pentecost

Invitatory: Christ the Lord has promised us the Holy Spirit:  
come, let us adore him, alleluia.

(Te Deum on Sunday)

OFFICE HYMN

VIII



- 1 Come, O Creator Spirit, come,  
and make within our hearts your home;  
your supernatural graces give  
to us, who in you move and live.
- 2 To you, blest Paraclete, we call,  
yourself the Father's gift for all;  
the well of life, the fire of love,  
our souls' anointing from above.
- 3 Your sevenfold gift of grace bestow  
the power of God on earth below:  
the Father's promise making rich  
with saving truth our human speech.
- 4 Set all our minds with light aflame,  
our hearts to heavenly love reclaim;  
with your eternal strength endue  
our bodies' weakness, now made new.
- 5 Drive far away our unseen foe,  
grant us abiding peace to know,  
that guided by your present grace,  
no evil may in us find place.
- 6 To us then, make the Father known,  
teach us the eternal Son to own,  
and you, the bond of both, may we  
confess in faith eternally. Amen.

Veni, creator Spiritus, (Rabanus Maurus)



- 1 The Lord goes up with shouts of joy,  
While trumpets all his triumph tell;  
With him humanity is raised  
Above angelic worlds to dwell.
- 2 He sits with God, at his right hand,  
Who is the Lord of everything;  
The Father's glory is his own:  
Christ Jesus, all creation's king.
- 3 And when he comes again in might,  
To raise us on that glorious day,  
We shall be gathered up to him,  
And every tear be wiped away.
- 4 O God our Father, hear our prayer:  
With Christ our Lord, your only Son,  
Send forth the Spirit of your love  
To live in us and make us one. Amen.

Stanbrook Abbey

FRIDAY AFTER ASCENSION

at Mattins

Antiphon (Psalms of Friday Week 2)

*lf*

Alle - lu - ia, al-le - lu - ia, al-le - lu - ia.

**Benedictus Antiphon**

*Amen, amen dico vobis (AM 489)*

*VIIIg*

Tru-ly I say to you, \* you shall weep and lament, but the world  
will re-joice: and you will be sor-rowful, but your sor-row  
will be turned in-to joy, al-le - lu - ia.

FRIDAY AFTER ASCENSION

At Evensong

Antiphon (Psalms of Friday Week 2)

*VIIIg*

Al-le-lu - ia, \* al-le - lu - ia, al-le - lu - ia.

**Magnificat Antiphon**

*Iterum autem (Jn 16.22 : AS 259)*

*IVe*

Though you have pain now,\* I will see you a-gain, and your hearts will  
be joy-ful, and no - one will take your joy from you, al-le-lu - ia.

SATURDAY AFTER ASCENSION

At Mattins

Antiphon (Psalms of Saturday Week 2)

*lId*



Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

**Benedictus Antiphon**

*Tristitia (AM 490)*

*VIIIg*



Sor-row \* has filled your heart; but your joy cannot be tak - en



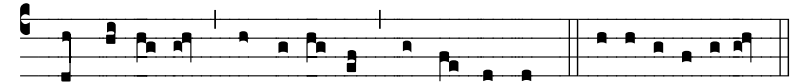
from you, al-le - lu - ia, al-le - lu - ia.

SEVENTH SUNDAY OF EASTER

**First Evensong**

Antiphon (Psalms of Week 3)

*la*



Al-le-lu - ia, \* al-le - lu - ia, al-le - lu - ia.

**Magnificat Antiphon**

**First Evensong**

*Non relinquam vos (Jn 14.18 & 16.22 : AM519)*

*Id*



I will not leave you \* orphaned, al-le - lu - ia. I am go - ing,



and I will come a-gain, al-le - lu - ia, and your hearts will



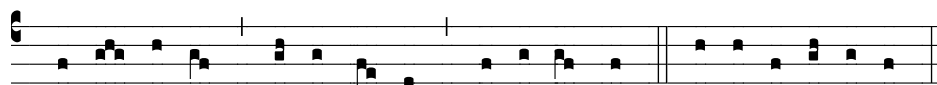
be joy-ful, al-le - lu - ia.

## SEVENTH SUNDAY OF EASTER

### At Mattins

Antiphon (Psalms of Week 3)

*Vif*



Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

### Benedictus Antiphon

*Pater, venit hora (AM 503 Jn 17.1,5)*

*lf*



Fath-er, the hour has come: \* glo- ri - fy your Son in your pres-ence



with the glo - ry I had be - fore the world e- xist- ed, al-le - lu - ia.

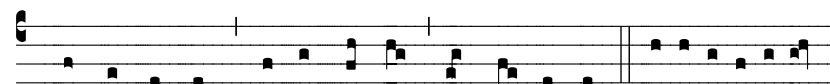


## SEVENTH SUNDAY OF EASTER

### Second Evensong

Antiphon (Psalms of Week 3)

*la*



Al-le - lu - ia \* al-le - lu - ia, al - le - lu - ia.

### Magnificat Antiphon

*YEARS A & B - as at First Evensong*

### Year C

*Pater, manifestavi (Jn 17.6,9,13 : AS267)*

*ld<sup>2</sup>*



Fa -ther, \* I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



and not for the world, be - cause I am com-ing to you, al-



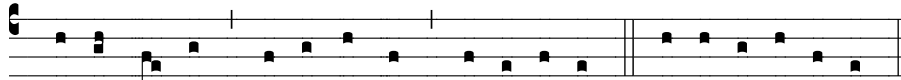
le - - lu - ia.

MONDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIIg



Al-le - lu - ia, al-le - lu - ia, al-le- lu - ia.

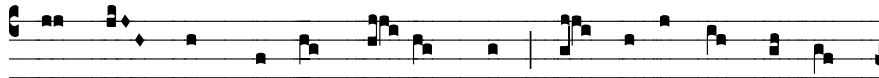
**Benedictus Antiphon**

*Ecce nunc palam (Jn 16.29,30 : AS266)*

VIIIg



Yes, now \* you are speak-ing plain -ly, not in a-ny fi - -gure of speech!



Now we know that you know all things, and do not need to have

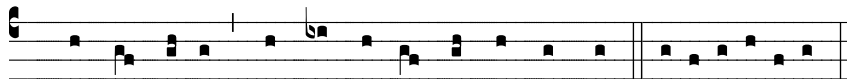


an-y - one ques- tion you, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

Dg



Al - le - lú - ia, \* al - le - lú - ia, al - le - lú - ia.

**Magnificat Antiphon** *Ecce nunc (as for Benedictus)*

TUESDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

IV\*

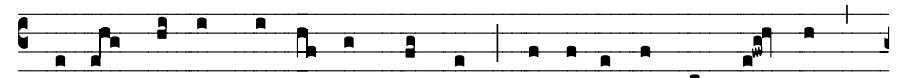


Al-le-lu - ia, \* al-le -lu - ia, al-le- lu - ia.

**Benedictus Antiphon**

*Ego veritatem (Jn 16.7 : AS 261)*

VIIIg



Ne-ver-the -less \* I tell you the truth: it is to your ad-van - tage



that I go away, for if I do not go a -way, the Ad-vo-cate



will not come to you, al-le- lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

IV\*



Al-le- lu - ia, \* al-le - lu - ia, al-le - lu - ia.

**Magnificat Antiphon**

*Ego veritatem - as for Benedictus*

WEDNESDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIa

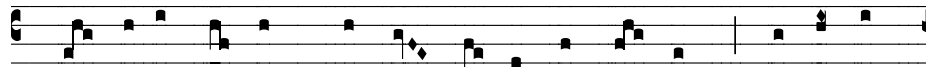


Alle- lu - ia, al-le - lu - ia, al- le - lu - ia.

**Benedictus Antiphon**

*Cum autem venerit (Jn 16.13 : AS 261)*

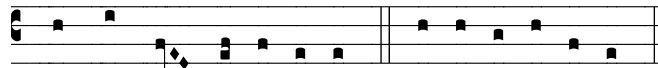
VIIIg



When the Advo - cate,\* the Spi - - rit of truth is come, he will guide



you in-to all the truth, and he will de- clare to you the things that



are to come, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)



Al-le- lu - ia, \* al-le - lu - ia, al-le - lu - ia.

**Magnificat Antiphon**

*Cum autem* - as for Benedictus

THURSDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIIg



Alle- lu - ia, al-le -lu - ia, al-le- lu - ia.

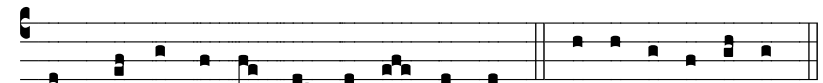
**Benedictus Antiphon**

*Ille me clarificabit (Jn 16.14 : AS 261)*

IG



He will glo- ri - fy me, \* be - cause he will take what is mine

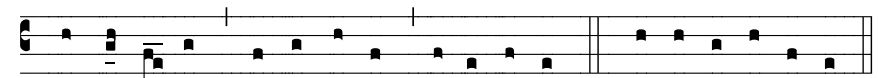


and de-clare it to you, al-le - - lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

VIIIg



Al-le- lu - ia, \* al - le- lu - ia, al-le- lu - ia.

**Magnificat Antiphon**

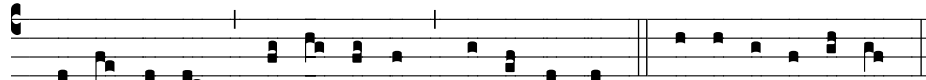
*Ille me clarificabit* - as for Benedictus

FRIDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

*If*

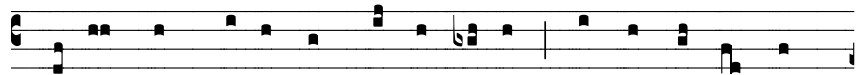


Alle - lu - ia, al-le - lu - ia, al- le- lu - ia.

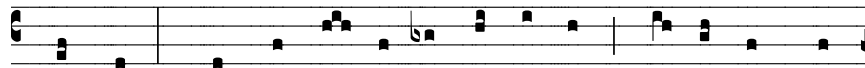
**Benedictus Antiphon**

*Adhuc multa habeo (Jn 16.12,13 : AS 261)*

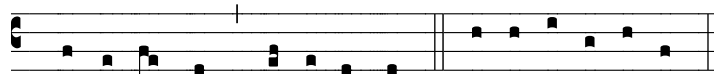
*Va*



I still \* have ma-ny things to say to you, but you cannot bear



them now. When the Spi - rit of truth is come, he will guide you



in-to all truth, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

*VIIIc*



Al-le - lu - ia, \* al-le - lu - ia, al- le - lu - ia.

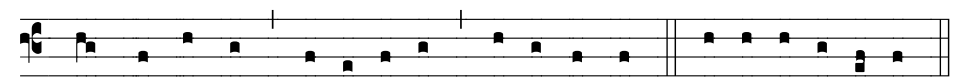
**Magnificat Antiphon** *Adhuc multa habeo - as for Benedictus*

SATURDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

*II d*

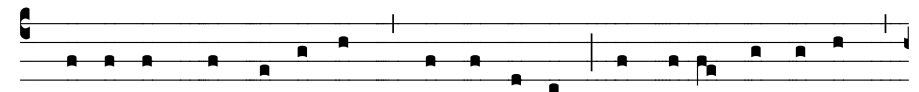


Al-le - lu - ia, al-le -lu - ia, al-le - lu - ia.

**Benedictus Antiphon**

*cf Pax vobis (AM 478)*

*VIf*



Lo, I am with you always \* al- le -lu - ia; to the end of the age,



al- le - lu - ia.



## THE GOSPEL CANTICLES

### Benedictus

Blessed be the Lord, **the** Gód of Ísrael; \*  
he has come to his peóple and sét them free.  
He has raised up for us **a** míghty Sáviour, \*  
born of the house of his sérvant Dávid.  
Through his holy prophets he promised ôf old, †  
that he would save **us** fróm our énemies, \*  
from the hands of áll who háte us.  
He promised to show **mercy** tó our fáthers \*  
and to remember his hóly cóvenant.  
This was the oath he swore to **our** fáther Ábraham, \*  
to set us free from the hánds of our énemies,  
free to **worship** hím withóut fear, \*  
holy and righteous in his sight all the dáys of óur life.  
You, my child, shall be called the **prophet** óf the Móst High, \*  
for you will go before the Lórd to prepáre his way,  
to give his people **knowledge** óf salvátion \*  
by the forgiveness óf their sins.  
In the tender **compásson** óf our God \*  
the dawn from on high shall bréak upón us,  
to shine on those who dwell in darkness and **the** shádów of death, \*  
and to guide our feet intó the wáy of peace.

### Magnificat

My soul proclaims the greatness of thê Lord,  
my spirit rejoices **in** Gód my Sáviour \*  
for he has looked with favour on his lówly sérvant.  
From this day all generations **will** cáll me bléssed: \*  
the Almighty has done great things for me,  
and hóly ís his name.  
He has mercy **on** thóse who féar him \*  
in every génerátion.  
He has shown **the** stréngth of hís arm, \*  
he has scattered the próud in théir conceit.  
He has cast down **the** míghty fróm their thrones, \*  
and has lifted úp the lówly.  
He has filled the **húngry** with góod things, \*  
and the rich he has sént away émpy.  
He has come to the help of **his** sérvant Ísrael, \*  
for he has remembered his prómise of mércy,  
the promise he **máde** to our fáthers, \*  
to Abraham and his children for éver.