

For the benefit of viewers, we now include an act of Spiritual Communion in the Eucharist. If you wish, you can say this prayer with the celebrant after the “Lamb of God ...”:

Heavenly Father: as we participate with your people in these holy mysteries, we pray you now to grant your gift of spiritual communion, with trust in your faithfulness and your abiding love, through Jesus Christ Our Lord.

May 17-24	CR Office Book, Week 2 + Eastertide Booklet for Hymn and Antiphons
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Sun 17	Easter 6		
Mon 18		<i>Rogation Day</i>	
Tue 19	Dunstan Day	<i>Rogation</i>	11.30 Rogation Procession & Solemn Mass (may be subject to change)
Wed 20	Alcuin Day	<i>Rogation</i>	Evensong: Ascension Booklet (see below
Thu 21	Ascension Day		Mattins & Evensong: Ascension Booklet
Fri 22			Hymn & Antiphons: Ascension booklet
Sat 23			Hymn & Antiphons: Ascension booklet
Sun 24	Easter 7		Hymn & Antiphons: Ascension booklet

SOLEMN EUCHARIST		Easter 6	Ascension	Easter 7
New English Hymnal	Introit	113	Latin introit	443
	Offertory	280	134	296



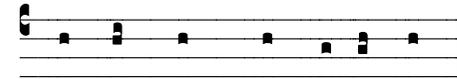
May 24-31	CR Office Book, Week 3 + Eastertide (after Ascension) Booklet for Hymn & Antiphons
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Sun 24	Easter 7		Hymn & Antiphons: Ascension booklet
Mon 25	The Venerable Bede		Hymn & Antiphons: Ascension booklet
Tue 26	Augustine of Canterbury		Hymn & Antiphons: Ascension booklet
Wed 27	Philip Neri		Hymn & Antiphons: Ascension booklet
Thu 28			Hymn & Antiphons: Ascension booklet
Fri 29			Hymn & Antiphons: Ascension booklet
Sat 30	(Josephine Butler)		Hm & Antiphons: Ascension bklt Evensong: Pentecost booklet
Sun 31	Pentecost		Mattins & Evensong: Pentecost booklet

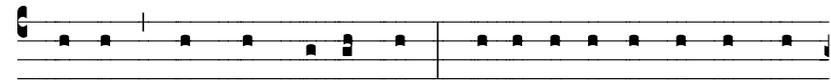
SOLEMN EUCHARIST		Easter 7	Pentecost	
New English Hymnal	Introit	443	Latin Introit	
	Offertory	296	137	

Eastertide

Ascension
to
Pentecost



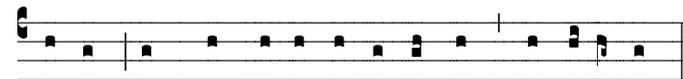
O God, make speed to save us



O Lord, make haste to help us. Glo-ry to the Fa-ther, and to



the Son, and to the Ho -ly Spi -rit. As it was in the be-ginning,



is now, and shall be for e-ver. Amen. Al-le-lu - ia.

ASCENSION OF OUR LORD JESUS CHRIST First Evensong

Office Hymn

IV



- 1 Jesus, our hope, our hearts' desire,
redemption's source and love's true fire;
God, working out creation' plan
and in this earthly time made man.
- 2 What mercy here on us was shed,
that took our sins upon your head,
which pain and cruel death could bear,
to set us free from death's despair.
- 3 Such love that beat down hell's dark door,
and gave its captives life once more:
O Lord, victorious in the fight,
now seated at the Father's right.
- 4 May that great love, which led you there
to suffer pain, our souls to spare,
now raise us up around your throne
to see your glory, yours alone.
- 5 Be all our joy, ascended Lord,
as you will be our great reward;
in you may all our glory be,
both now and in eternity. Amen.

Jesu nostra redemptio (9th Century)
tr. Composite

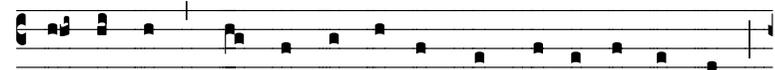
The Word of God

Psalm 15 Domine, quis habitabit?

VIIa



Men of Ga - li - lee, * why stand look-ing in-to hea-ven



This Je- sus, who was ta- ken up from you in-to hea-ven,

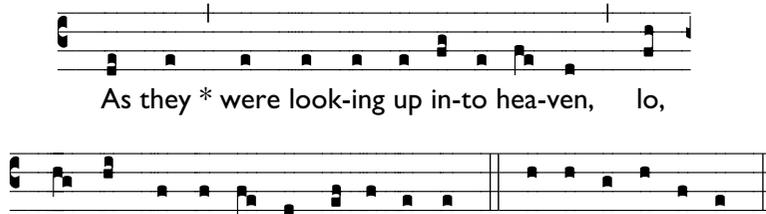


will come a-gain, al - le - lu - ia.

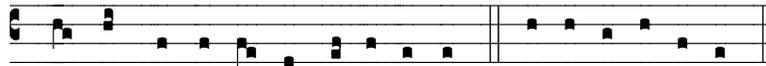
- 1 Lord, who may dwell in your tábernácle? *
who may abide upón your hóly hill?
- 2 Whoever leads a blameless life and does whát is right, *
who speaks the trúth from his heart.
- 3 There is no guile upon his tongue;
he does no évil tó his friend; *
he does not heap contempt upón his néighbour.
- 4 In his sight the wicked ís rejécted, *
but he honours thóse who féar the Lord.
- 5 He has swórn to dó no wrong *
and does nót take báck his word.
- 6 He does not give his móney in hópe of gain, *
nor does he take a bribe agáinst the ínnocent.
- 7 Whoéver dóes these things *
shall néver be óverthrown.

Psalm 97 Dominus regnavit

VIIIg



As they * were look-ing up in-to hea-ven, lo,

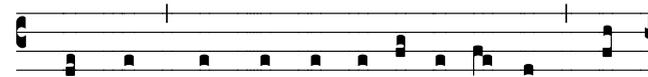


Je - sus was ta-ken up, al-le -lu - ia.

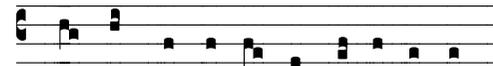
- 1 The Lord is king; lét the éarth rejoice; *
let the multítude óf the ísles be glad.
- 2 Clouds and darkness are róund abóut him, *
righteousness and justice
are the foundátions óf his throne.
- 3 A fire góes befóre him *
and burns up his enemíes on évery side.
- 4 His líghtnings light úp the world; *
the earth sées it and ís afraid.
- 5 The mountains melt like wax at the présence óf the Lord, *
at the presence of the Lórd of the whóle éarth.
- 6 The heavens decláre his ríghteousness, *
and all the peoples sée his glóry.
- 7 Confounded be all who worship carved images
and delíght in fálse gods! *
Bow down befóre him, áll you gods.
- 8 Zíon hears and ís glad and the cities of Júdáh rejoice, *
because of your júdgements, Ó Lord.
- 9 For you are the Lord: most hígh over áll the éarth; *
you are exalted fár abóve all gods.
- 10 The Lord loves thóse who hate évil; *
he preserves the lives of his saints
and delivers them from the hánd of the wícked.

- 11 Light has sprung up fór the ríghteous, *
and joyfúl gladness for thóse who áre true-héarted.

- 12 Rejoice in the Lórd, you ríghteous, *
and give thánks to his hóly name.



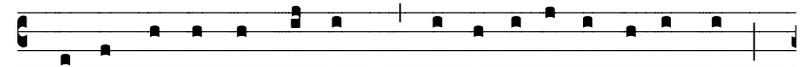
As they * were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

Psalm 99 Dominus regnavit

IVc



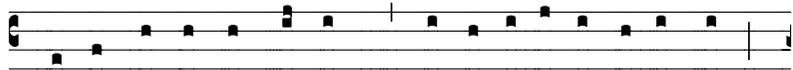
Je- sus, lift -ing up his hands * was ta-ken up in-to hea-ven:



and he blessed them, al-le- lu - ia.

- 1 The Lord is king; let the péople trémble; *
he is enthroned upon the cherubim; lét the éarth shake.
- 2 The Lord is gréat in Zíon; *
he is hígh abóve all péoples.
- 3 Let them confess his name, which is gréat and áwesome; *
he ís the Hóly One.
- 4 "Ó mighty King, lover of justice,
you have establihed équity; *
you have executed justice and ríghteounsnés in Jácob."

- 5 Proclaim the greatness of the Lord our God
and fall down before his footstool; *
he is the Holy One.
- 6 Moses and Aaron among his priests, †
and Samuel among those who call upon his name, *
they called upon the Lord and he answered them.
- 7 He spoke to them out of the pillar of cloud; *
they kept his testimonies and the decree that he gave them.
- 8 "O Lord our God, you answered them indeed; * †
you were a God who forgave them,
yet punished them for their evil deeds."
- 9 Proclaim the greatness of the Lord our God †
and worship him upon his holy hill; *
for the Lord our God is the Holy One.



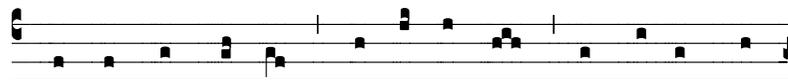
Je- sus, lift - ing up his hands * was ta-ken up in-to hea-ven:



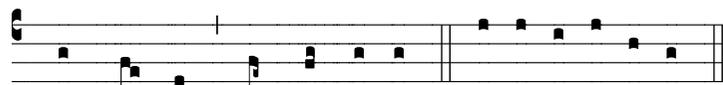
and he blessed them, al-le- lu - ia.

Psalm 100 Jubilate Deo

VIIIg

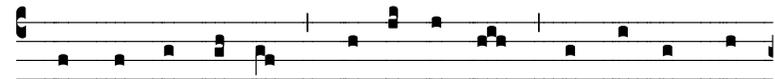


Ac-claim and ex- alt * the King of kings: and to our God

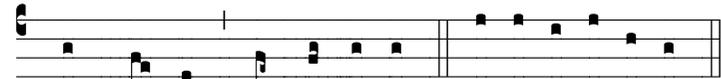


sing prais- es, al - le - lu - ia.

- 1 Be joyful in the Lord, all you lands; *
serve the Lord with gladness
and come before his presence with a song.
- 2 Know this: The Lord himself is God; * †
he himself has made us and we are his;
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving; †
go into his courts with praise; *
give thanks to him and call upon his name.
- 4 For the Lord is good; his mercy is everlasting; *
and his faithfulness endures from age to age.



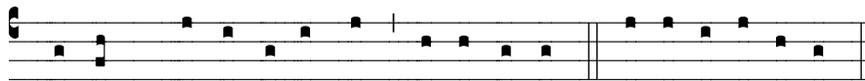
Ac-claim and ex- alt the King of kings: and to our God



sing prais- es, al - le - lu - ia.



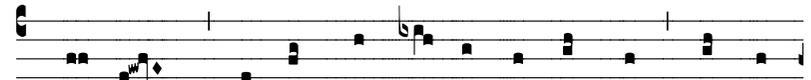
While they were look-ing on,* he was ta-ken up: and a cloud



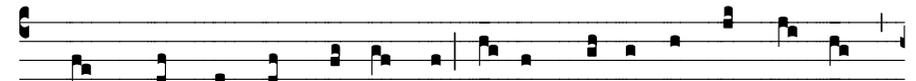
re- ceived him in-to hea-ven, al-le - lu - ia.

- 1 We give thanks to you, Lord God Almighty, †
ever present and eternal *
for you have taken your great power and begun to reign.
- 2 The nations raged, but the day of your wrath has come *
and the time for the dead to be judged.
- 3 The time has come to reward your servants *
The prophets and saints; and those who fear
your name, both small and great.
- 4 Now the salvation of God has come, †
his power and his glorious kingdom *
Now has come the authority of his Christ.
- 5 For the accuser of our brothers has been thrown down *
who accuses them day and night before our God.
- 6 And they have conquered him by the blood of the Lamb,
and by their word of witness. *
Rejoice then, O heaven, and you that dwell therein.

READING



Fa -ther, * I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



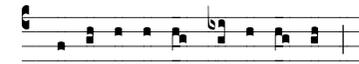
and not for the world, be -cause I am com-ing to you, al-



le - lu - ia.

Solemn Intonations

I & VI



My soul proclaims the greatness of the Lord, †
my spirit rejoices in God my Saviour *
for he has looked with favour on his lowly servant.

From this day all generations will call me blessed: *
the Almighty has done great things for me,
and holy is his name.

He has mercy on those who fear him *
in every generation.

He has shown the strength of his arm, *
he has scattered the proud in their conceit.

He has cast down the mighty from their thrones, *
and has lifted up the lowly.

He has filled the **hún**gry with **gó**od things, *
and the rich he has **sént** away **é**mpty.

He has come to the help of **his** **sérvant** Ísrael, *
for he has remembered his **próm**ise of **mércy**,

the promise he **máde** to our **fáthers**, *
to Abraham and his **chíldrén** for **é**ver.



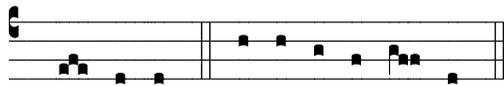
Fa - ther, I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



and not for the world, be - cause I am com-ing to you, al-



le - lu - ia.

Collect

Grant, we pray, almighty God,
that as we believe your only-begotten Son our Lord Jesus Christ
to have ascended into the heavens,
so we in heart and mind may also ascend
and with him continually dwell;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

ASCENSION OF OUR LORD JESUS CHRIST

Mattins

Hebdomadary
ALL

O Lord, open our lips,
And our mouth shall proclaim your praise.

Hebdomadary
ALL

O God, make speed to save us.
O Lord, make haste to help us.

ALL

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and shall be for ever.
Amen. Alleluia.**

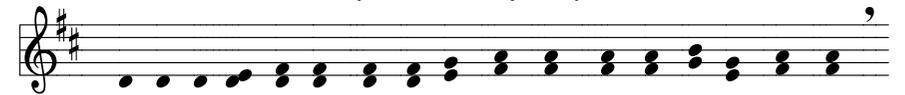
OR



O Lord, o-pen our lips;



And our mouth shall pro - claim your praise.



Glo-ry to the Father, and to the Son, and to the Ho-ly Spi - rit;



as it was in the be-gin-ning, is now and shall be for e-ver. A-men.



Al - le - lu - ia.

Invitatory

Te Deum Laudamus

May be sung full: or antiphonally as indicated:

Cantor: **A:** **B:**



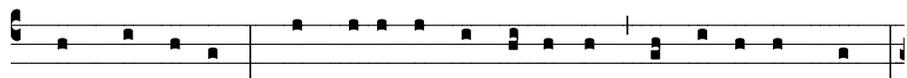
We praise you, O God; we acclaim you as the Lord. All cre -a-tion

A:



worships you, the Father e-ver-lasting. To you all angels, all the

B:



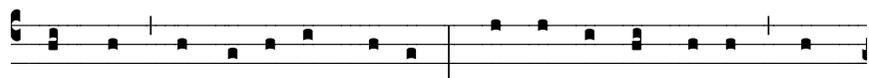
pow'rs of heaven, the cheru-bim and seraphim sing in endless praise:

Full:



Ho - ly, ho - ly, ho - ly, Lord God of power and might. Heaven

A:



and earth are full of your glo-ry. The glorious compa-ny of

B:



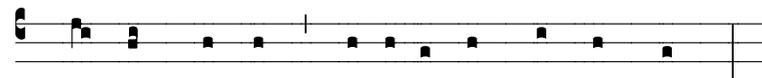
a-postles praise you. The noble fel-lowship of prophets praise you.

A:



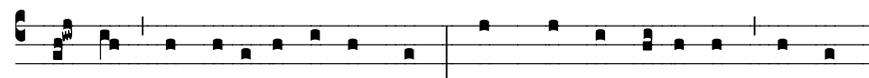
The white-robed army of martyrs praise you.

B:



Throughout the world the ho-ly Church acclaims you:

Full:



Fath-er of majesty unbounded; Your true and only Son, worthy



of all worship; and the Ho-ly Spi-rit, advocate and guide.

A:



You, Christ, are the king of glo-ry, the e-ternal Son of the Father.

B:

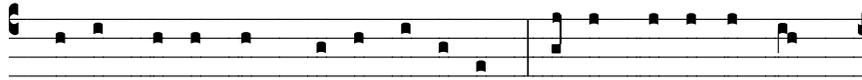


When you took our flesh to set us free you humbly chose the

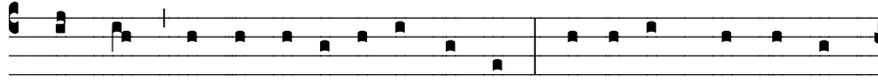
A:



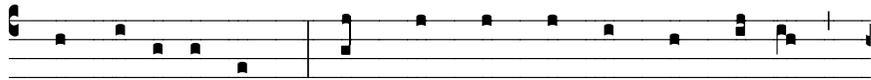
Virgin's womb. You o-vercame the sting of death and opened

B:

the kingdom of heav'n to all be-liev-ers. You are seated at God's



right hand in the glo-ry of the Fath-er. We be-lieve that you will

Full:

come to be our judge. Come then, Lord, and help your people,



bought with the price of your own blood, and bring us



with your saints to glo-ry e-verlast - ing.

Te Deum Laudamus

We praise you, O God,
We acclaim you as the Lord.

All creation worships you,
the Father everlasting.

To you all angels, all the powers of heaven,
cherubim and seraphim sing in endless praise,

**Holy, holy, holy Lord, God of power and might;
heaven and earth are full of your glory.**

The glorious company of apostles praise you;
the noble fellowship of prophets praise you.

The white-robed army of martyrs praise you;
throughout the world the holy Church acclaim you.

**Father of majesty unbounded;
your true and only Son, worthy of all worship;
and the Holy Spirit, advocate and guide.**

You are the King of glory, O Christ,
the eternal Son of the Father.

When you took our flesh to set us free,
you humbly chose the Virgin's womb.

You overcame the sting of death,
and opened the kingdom of heaven to all believers.

You are seated at God's right hand in glory,
we believe that you will come to be our judge.

**Come then, Lord, and help your people,
bought with the price of your own blood;
and bring us with your saints
to glory everlasting.**

Hymn



- 1 The Lord goes up with shouts of joy,
while trumpets all his triumph tell;
with him humanity is raised
above angelic worlds to dwell.
- 2 He sits with God, at his right hand,
who is the Lord of everything;
the Father's glory is his own:
Christ Jesus, all creation's King.
- 3 And when he comes again in might,
to raise up on that splendid day,
we shall be gathered up to him,
and every tear be wiped away.
- 4 O God our Father, hear our prayer:
with Christ our Lord, your only Son,
send forth the Spirit of your love
to live in us and make us one. Amen.

Stanbrook Abbey

VIII

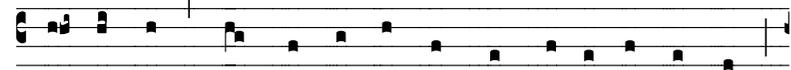
The Word of God

Psalm 8 Domine, Dominus noster

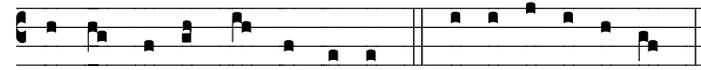
VIIa



Men of Ga - li - lee, * why stand look-ing in-to hea-ven



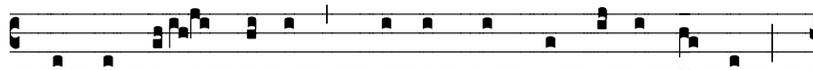
This Je- sus, who was ta- ken up from you in-to hea-ven,



will come a-gain, al - le - lu - ia.

- 1 O Lórd our góvornor, *
how exalted is your náme in áll the world!
- 2 Out of the mouths of ínfaⁿts and children *
your majesty is praised abóve the héavens.
- 3 You have set up a stronghold against your adversaries, *
to quell the enemy and the avengêr. †
- 4 When I consider your heavens, the wórk of your fíngers, *
the moon and the stars you have sê^t in their cóurses,
- 5 What is man that you should be mindful ôf him? * †
the son of man that yóu should séek him out?
- 6 You have made him little lower than the angels; *
you adorn him with glóry and hónour.
- 7 You give him mastery over the wórk^s of yóur hands; *
and put all things únder hís feet,
- 8 All shéep and óxen, *
even the wíld beasts óf the field,
- 9 The birds of the air, the fish of the sea, *
and whatsoever walks in the páths óf the sea.

10 O Lórd our góvornor, *
how exalted is your náme in áll the world!



Men of Ga - li - lee, why stand look-ing in-to hea-ven



This Je - sus, who was ta - ken up from you in-to hea-ven,



will come a-gain, al - le - lu - ia.

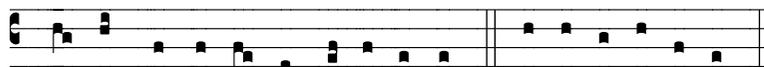
O God the Word and Son of God,
exalted is your name in all creation,
yet you have stooped to become one with us:
as you have ordained humanity the steward of your creation,
so minister through us the mystery of your salvation;
to the glory of your holy Name. **Amen.**

Psalm 21 Domine, in virtute tua

VIIIg



As they * were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

1 The king rejoices in your strength, O Lord; *
how greatly he exúlts in your víctory!

2 You have given him his héart's desire; *
you have not denied him the requést of his lips.

3 For you meet him with blessings of prosperítý, * †
and set a crown of fine góld upón his head.

4 He asked you for life and you gave it to him; *
length of days, for éver and éver.

5 His honour is great, becáuse of your víctory; *
splendour and majesty have you bestowed upón him.

6 For you will give him everlasting felicity * †
and will make him glad with the joy of your présence.

7 For the king puts his trust in the Lord; *
because of the loving-kindness of the Most Hígh, he will not fall.

8 Your hand will lay hold upon áll your éemies; *
your right hand will seize all thóse who háte you.

9 You will make them like a fiery fúrnace *
at the time of your appearing, Ó Lord;

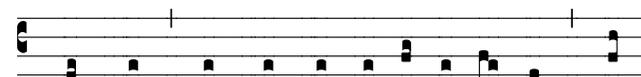
10 You will swallow them up in your wrath, *
and fire shall consúme them.

11 You will destroy their offspring from the land *
and their descendants from among the péoples óf the earth.

12 Though they intend evil against you
and devise wicked schemes, *
yet théy shall nót prevail.

13 For you will pút thém to flight *
and aim your árrows át them.

14 Be exalted, O Lórd, in your might; *
we will síng and práise your power.



As they * were look-ing up in-to hea-ven, lo,

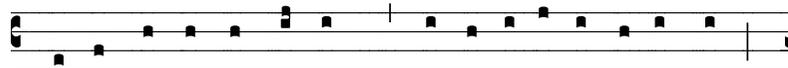


Je - sus was ta-ken up, al-le -lu - ia.

Go before us, Lord Christ,
with the blessings of your goodness
and guide all those you call to authority
in the way of your justice,
the knowledge of your liberty
and the wisdom of your gentleness;
for your Name's sake. **Amen.**

Psalm 24 Domini est terra

IVc



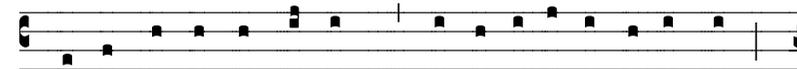
Je- sus, lift -ing up his hands * was ta-ken up in-to hea-ven:



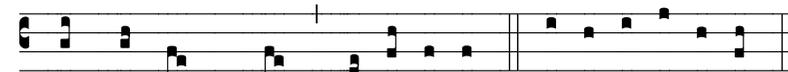
and he blessed them, al-le- lu - ia.

- 1 The earth is the Lord's and áll that is ín it, *
the world and áll who dwéll therein.
- 2 For it is he who founded ít upón the seas *
and made it firm upon the rivers óf the deep.
- 3 "Who can ascend the híll óf the Lord? *
and who can stánd in his hóly place?"
- 4 "Those who have clean hánds and a púre heart, *
who have not pledged themselves to falsehood,
nor swórn by what is a fraud.
- 5 They shall receive a bléssing fróm the Lord *
and a just reward from the God of théir salvátion."
- 6 Such is the generation of thóse who séek him, *
of those who seek your face, O Gód of Jácob.
- 7 Lift up your heads, Ô gates; †
lift them high, O éverlásting doors; *
and the King of glóry sháll come in.

- 8 "Who is this Kíng of glóry?" *
"The Lord, strong and mighty,
the Lord, míghty in báttle."
- 9 Lift up your heads, Ô gates; †
lift them high, O éverlásting doors; *
and the King of glóry sháll come in.
- 10 "Who is he, this Kíng of glóry?" *
"The Lord of hosts, he is the Kíng of glory."



Je- sus, lift -ing up his hands * was ta-ken up in-to hea-ven:



and he blessed them, al-le- lu - ia.

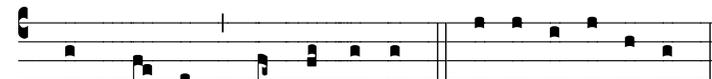
O Lord of Hosts,
purify our hearts
that the King of glory may come in,
even your Son, Jesus our Redeemer. **Amen.**

Psalm 149 Cantate Domino

VIIIg



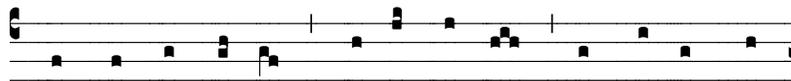
Ac-claim and ex- alt * the King of kings: and to our God



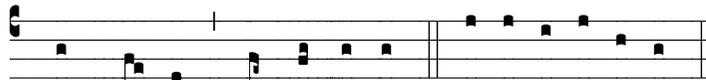
sing prais- es, al - le- lu - ia.

- 1 Hallelujah!
Sing to the Lórd a néw song; *
sing his praise in the congregation óf the fáithful.

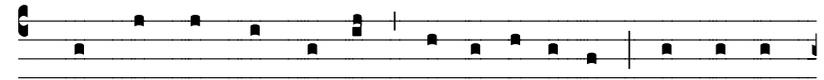
- 2 Let Israel rejoice in his máker; *
let the children of Zion be jóyful in their king.
- 3 Let them praise his náme in the dance; *
let them sing praise to him with tímbrel ánd harp.
- 4 For the Lord takes pleasure in his péople *
and adorns the póor with víctory.
- 5 Let the faithful rejoice in tríumph; *
let them be jóyful ón their beds.
- 6 Let the praises of Gód be in their throat *
and a two-edged swórd in théir hand;
- 7 To wreak vengeance ón the nátions *
and punishment on the péoples;
- 8 To bind their kíngs in chains *
and their nobles with línk of íron;
- 9 To inflict on them the judgement décreed; * †
this is glory for all his fáithful péople.
_ Hállélújah!



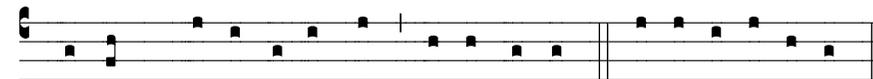
Ac-claim and ex- alt * the King of kings: and to our God



sing prais- es, al - le- lu - ia.



While they were look-ing on, * he was ta-ken up: and a cloud



re- ceived him in-to hea-ven, al-le - lu - ia.

- 1 Sing to the Lórd a néw song *
his praise to the énd of thé earth.
- 2 Let the sea roar and áll that fills it *
the islands and thóse who inhábit them.
- 3 Let the desert and its cities líft úp their voice *
the villages that Kédar inhábits.
- 4 Let the inhabitants of Séla síng for joy *
let them shout from the tóps of the móuntains.
- 5 Let them give glóry tó the Lord *
and declare his práise in the cóastlands.
- 6 The Lord goes forth líke a míghty man *
líke a man of war he stírs up his fúry.
- 7 He cries óut, he shóuts aloud *
he shows himself míghty agáinst his foes.
- 8 I will lay waste mountains ánd hills, †
and shrivel áll their gréen herbs *
I will turn rivers into desert wastes, and drý up áll the pools.
- 9 Then will I lead blínd men ón their way *
and guide them by páths they dó not know.
- 10 I will turn darkness befóre them into light *
the rough places into lével ground.

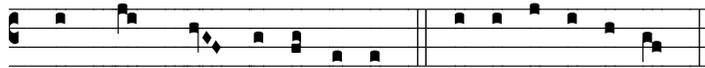
READING

BENEDICTUS*Ascendo (AM 510)*

Vlla



I am ascending * to my Father and your Father, my God



and your God, al-le - lu - ia.

Blessed be the Lord, **the** Gód of Ísrael; *
he has come to his péople and sét them free.

He has raised up for us a mighty Sáviour, *
born of the house of his sérvant Dávid.

Through his holy prophets he promised ôf old, †
that he would save **us** fróm our énemies, *
from the hands of áll who háte us.

He promised to show **mercy** tó our fáthers *
and to remember his hólý cóvenant.

This was the oath he swore to **our** fáther Ábraham, *
to set us free from the hánds of our énemies,

free to **worship** him withóut fear, *
holy and righteous in his sight all the dáys of óur life.

You, my child, shall be called the **prophet** óf the Móst High, *
for you will go before the Lórd to prepáre his way,

to give his people **knowledge** óf salvátion *
by the forgiveness óf their sins.

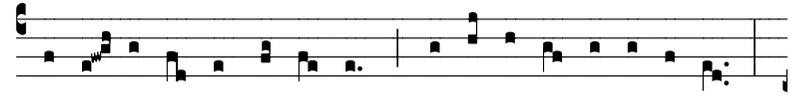
In the tender **compásson** óf our God *
the dawn from on high shall bréak upón us,

to shine on those who dwell in darkness and **the** shádów of death, *
and to guide our feet intó the wáy of peace.

Collect - as at First Evensong

ASCENSION OF OUR LORD JESUS CHRIST**Second Evensong****Hymn**

IV



1 Jesus, our hope, our hearts' desire,
redemption's source and love's true fire;
God, working out creation' plan
and in this earthly time made man.

2 What mercy here on us was shed,
that took our sins upon your head,
which pain and cruel death could bear,
to set us free from death's despair.

3 Such love that beat down hell's dark door,
and gave its captives life once more:
O Lord, victorious in the fight,
now seated at the Father's right.

4 May that great love, which led you there
to suffer pain, our souls to spare,
now raise us up around your throne
to see your glory, yours alone.

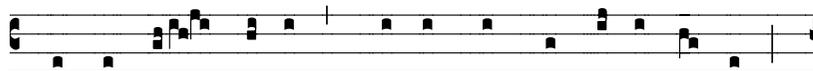
5 Be all our joy, ascended Lord,
as you will be our great reward;
in you may all our glory be,
both now and in eternity. Amen.

Jesu nostra redemptio (9th Century)
tr. Composite

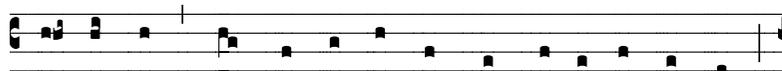
The Word of God

Psalm 47 Omnes gentes, plaudite

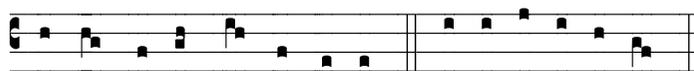
VIIa



Men of Ga - li - lee, * why stand look-ing in-to hea-ven



This Je- sus, who was ta- ken up from you in-to hea-ven,



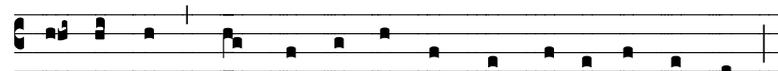
will come a-gain, al - le - lu - ia.

- 1 Clap your hands, ál you péoples; *
shout to Gód with a crý of joy.
- 2 For the Lord Most Hígh is tó be feared; *
he is the great kíng over ál the earth.
- 3 He subdues the péoples únder us, *
and the nátions únder óur feet.
- 4 He chooses our inheritance for us, *
the pride of Jácob whom he loves.
- 5 God has gone up with a shout, *
the Lord with the sound of the rám's-horn.
- 6 Sing praises to Gód, sing práises; *
sing praises to our kíng, sing práises.
- 7 For God is kíng of ál the earth; *
sing práises uith ál your skill.
- 8 God reigns over the nátions; *
God sits upon his hóly throne.
- 9 The nobles of the peoples have gathered togéther *
with the people of the Gód of Ábraham.

- 10 The rulers of the éarth belong to God, *
and he is híghly exálted.



Men of Ga - li - lee, why stand look-ing in-to hea-ven



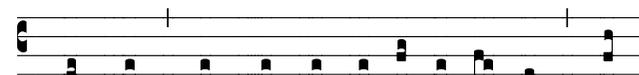
This Je- sus, who was ta- ken up from you in-to hea-ven,



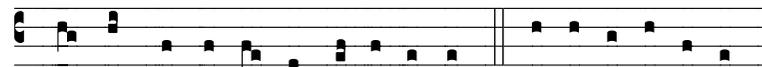
will come a-gain, al - le - lu - ia.

Psalm 48 Magnus Dominus

VIIIg



As they * were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

- 1 Great is the Lord and híghly tó be praised; *
in the city of our Gód is his hóly hill.
- 2 Beautiful and lofty, the joy of all the earth,
is the híll of Zíon, *
the very centre of the world and the city of the great king.
- 3 God is in her cíteleds; *
he is known to be her sure refuge.
- 4 Behold, the kings of the éarth assembled *
and marched forward togéther.

- 5 They looked and wére astóunded; *
they retreated and fléd in térror.
- 6 Trembling seized thém there; * †
they writhed like a wóman in childbirth,
like ships of the sea when the éast wind shátters them.
- 7 As we have heard, so have we seen,
in the city of the Lord of hosts, in the city of óur God; *
God has established hér for éver.
- 8 We have waited in silence on your loving-kíndness, Ó God, *
in the mídst of your témple.
- 9 Your praise, like your name, O God,
reaches tó the wórld's end; *
your right hand is fúll of jústice.
- 10 Let Mount Zion be glad
and the cities of Júdáh rejoice, *
becáuse of your júdgements.
- 11 Make the circuit of Zion; walk róund abóut her; *
count the númer of her towers.
- 12 Consider well her bulwarks; exámine her stróngholds; *
that you may tell thóse who come áfter.
- 13 This God is our God for éver and éver; *
he shall be our gúide for évermore.



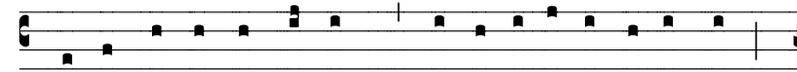
As they were look-ing up in-to hea-ven, lo,



Je - sus was ta-ken up, al-le -lu - ia.

Psalm 110 Dixit Dominus

IVc



Je- sus, lift -ing up his hands * was ta-ken up in-to hea-ven:

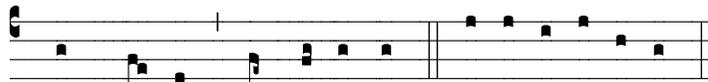


and he blessed them, al-le- lu - ia.

- 1 The Lord said to my lord, “Sít at my ríght hand, *
until I make your enemies your fóotstool.”
- 2 The Lord will send the sceptre of your power óut of Zíon, *
saying, “Rule over your enemies róund abóut you.
- 3 Princely state has been yours from the day of yóur birth, * †
in the beauty of holiness have Í begótten you,
like dew from the wómb of the mórning.”
- 4 The Lord has sworn and hé will nót recant: *
“You are a priest for ever after the order of Melchízedek.”
- 5 The Lord who is at your right hand
will smite kings in the day of his wrath; * †
he will rule óver the nátions.
- 6 He will heap high the corpses; *
he will smash heads óver the wíde earth.
- 7 He will drink from the bróok beside the road; *
therefore he will lift high his head.



Ac-claim and ex- alt * the King of kings: and to our God



sing prais- es, al - le - lu - ia.

1 Praise the Lord, áll you nátions; *
laud him, áll you péoples.

2 For his loving-kindness towárd ús is great, *
and the faithfulness of the Lord endures for ever.
Hállélújah!

Canticle



While they were look-ing on, * he was ta-ken up: and a cloud



re- ceived him in-to hea-ven, al-le - lu - ia.

1 There is one God, and there is one mediator
betwéen Gód and man, *
Christ Jésus, himsélf man,

2 who sacrificed himself to win fréedom for áll mankind, *
the testimony to which was bórne at the próper time.

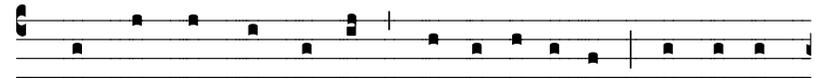
3 He was manifésted ín the flesh, *
vindicated ín the Spírit,

4 seen by angels, preached amóng the nátions, *
believed on in the world, taken úp in glóry.

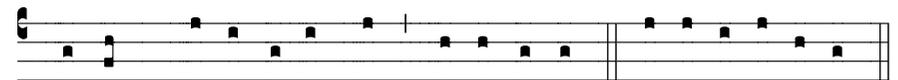
5 This will be made manifest at the próper time *
by the blessed and only Sovereign,
the King of kíngs and Lórd of lords,

6 who alone has immortality and dwells in unapproachablê light, †
whom no one has ever seen or can see. *
To him be honour and eternal domínion. Ámen.

Glory to the Father, and to the Son, and to the Hóly Spírit:
As it was in the beginning, is now and shall be for éver. Ámen.



While they were look-ing on, * he was ta-ken up: and a cloud



re- ceived him in-to hea-ven, al-le - lu - ia.

READING

MAGNIFICAT

O Rex gloriae



O King of glo-ry, * Lord of power and might, who on this



day with great tri - umph has as-cend - ed on high, a - bove all



heavn's: do not leave us, we pray, comfort - less, but send

OFFICE HYMN - EVENSONG

from Ascension to Pentecost

VIII



- 1 Come, O Creator Spirit, come,
and make within our hearts your home;
your supernatural graces give
to us, who in you move and live.
- 2 To you, blest Paraclete, we call,
yourself the Father's gift for all;
the well of life, the fire of love,
our souls' anointing from above.
- 3 Your sevenfold gift of grace bestow
the power of God on earth below:
the Father's promise making rich
with saving truth our human speech.
- 4 Set all our minds with light aflame,
our hearts to heavenly love reclaim;
with your eternal strength endue
our bodies' weakness, now made new.
- 5 Drive far away our unseen foe,
grant us abiding peace to know,
that guided by your present grace,
no evil may in us find place.
- 6 To us then, make the Father known,
teach us the eternal Son to own,
and you, the bond of both, may we
confess in faith eternally. Amen.

Veni, creator Spiritus, (Rabanus Maurus)
tr. composite

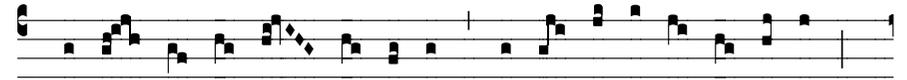
MATTINS from Ascension to Pentecost

Invitatory: Christ the Lord has promised us the Holy Spirit:
come, let us adore him, alleluia.

(Te Deum on Sunday)

OFFICE HYMN

VIII



- 1 The Lord goes up with shouts of joy,
While trumpets all his triumph tell;
With him humanity is raised
Above angelic worlds to dwell.
- 2 He sits with God, at his right hand,
Who is the Lord of everything;
The Father's glory is his own:
Christ Jesus, all creation's king.
- 3 And when he comes again in might,
To raise us on that glorious day,
We shall be gathered up to him,
And every tear be wiped away.
- 4 O God our Father, hear our prayer:
With Christ our Lord, your only Son,
Send forth the Spirit of your love
To live in us and make us one. Amen.

Stanbrook Abbey

FRIDAY AFTER ASCENSION

at Mattins

Antiphon (Psalms of Friday Week 2)

lf

Alle - lu - ia, al-le - lu - ia, al-le- lu - ia.

Benedictus Antiphon

Amen, amen dico vobis (AM 489)

VIIIg

Tru-ly I say to you, * you shall weep and lament, but the world
will re- joice: and you will be sor-rowful, but your sor-row
will be turned in-to joy, al-le- lu - ia.

FRIDAY AFTER ASCENSION

At Evensong

Antiphon (Psalms of Friday Week 2)

VIIIg

Al-le-lu - ia, * al-le -lu - ia, al-le - lu - ia.

Magnificat Antiphon

Iterum autem (Jn 16.22 : AS 259)

IVe

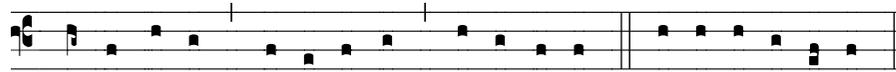
Though you have pain now,* I will see you a-gain, and your hearts will
be joy-ful, and no - one will take your joy from you, al-le-lu - ia.

SATURDAY AFTER ASCENSION

At Mattins

Antiphon (Psalms of Saturday Week 2)

lId



Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

Benedictus Antiphon

Tristitia (AM 490)

VIIIg



Sor-row * has filled your heart; but your joy cannot be tak - en



from you, al-le - lu - ia, al-le - lu - ia.

SEVENTH SUNDAY OF EASTER

First Evensong

Antiphon (Psalms of Week 3)

la



Al-le-lu - ia, * al-le - lu - ia, al-le - lu - ia.

Magnificat Antiphon

First Evensong

Non relinquam vos (Jn 14.18 & 16.22 : AM519)

Id



I will not leave you * orphaned, al-le - lu - ia. I am go - ing,



and I will come a-gain, al-le - lu - ia, and your hearts will



be joy-ful, al-le - lu - ia.

SEVENTH SUNDAY OF EASTER

At Mattins

Antiphon (Psalms of Week 3)

Vif



Al-le - lu - ia, al-le - lu - ia, al-le - lu - ia.

Benedictus Antiphon

Pater, venit hora (AM 503 Jn 17.1,5)

lf



Fath-er, the hour has come: * glo- ri - fy your Son in your pres-ence



with the glo - ry I had be - fore the world e- xist- ed, al-le - lu - ia.



SEVENTH SUNDAY OF EASTER

Second Evensong

Antiphon (Psalms of Week 3)

la



Al-le - lu - ia * al-le - lu - ia, al - le - lu - ia.

Magnificat Antiphon

YEARS A & B - as at First Evensong

Year C

Pater, manifestavi (Jn 17.6,9,13 : AS267)

ld²



Fa - ther, * I have ma - ni - fest-ed your name un-to



those whom you have gi- ven me: I am pray-ing on their be- half



and not for the world, be - cause I am com-ing to you, al-



le - - lu - ia.

MONDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIIg



Al-le - lu - ia, al-le - lu - ia, al-le- lu - ia.

Benedictus Antiphon

Ecce nunc palam (Jn 16.29,30 : AS266)

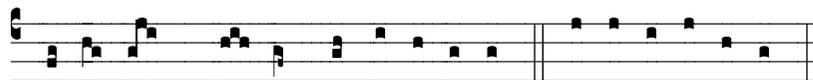
VIIIg



Yes, now * you are speak-ing plain -ly, not in a-ny fi - -gure of speech!



Now we know that you know all things, and do not need to have



an-y - one ques- tion you, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

Dg



Al - le - lú - ia, * al - le - lú - ia, al - le - lú - ia.

Magnificat Antiphon *Ecce nunc (as for Benedictus)*

TUESDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

IV*

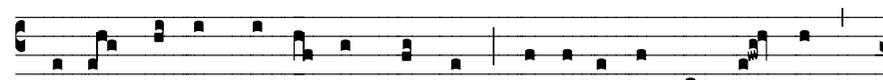


Al-le-lu - ia, * al-le -lu - ia, al-le- lu - ia.

Benedictus Antiphon

Ego veritatem (Jn 16.7 : AS 261)

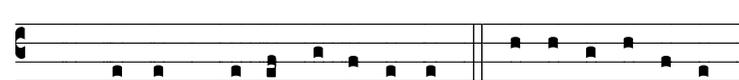
VIIIg



Ne-ver-the -less * I tell you the truth: it is to your ad-van - tage



that I go away, for if I do not go a -way, the Ad-vo-cate



will not come to you, al-le- lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

IV*



Al-le- lu - ia, * al-le - lu - ia, al-le - lu - ia.

Magnificat Antiphon

Ego veritatem - as for Benedictus

WEDNESDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIa

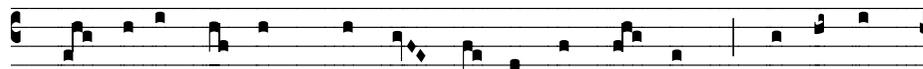


Alle- lu - ia, al-le - lu - ia, al- le - lu - ia.

Benedictus Antiphon

Cum autem venerit (Jn 16.13 : AS 261)

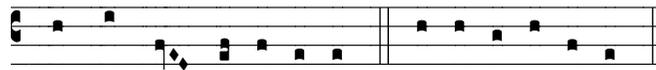
VIIIg



When the Advo - cate,* the Spi - - rit of truth is come, he will guide



you in-to all the truth, and he will de- clare to you the things that



are to come, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)



Al-le- lu - ia, * al-le - lu - ia, al-le - lu - ia.

Magnificat Antiphon

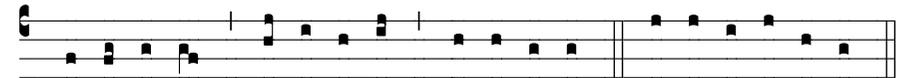
Cum autem - as for Benedictus

THURSDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

VIIIg



Alle- lu - ia, al-le -lu - ia, al-le- lu - ia.

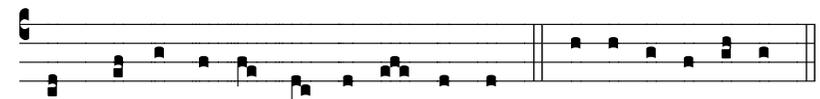
Benedictus Antiphon

Ille me clarificabit (Jn 16.14 : AS 261)

Ig



He will glo- ri - fy me, * be - cause he will take what is mine

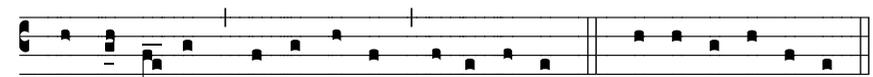


and de-clare it to you, al-le - - lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

VIIIg



Al-le- lu - ia, * al - le- lu - ia, al-le- lu - ia.

Magnificat Antiphon

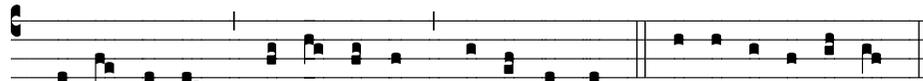
Ille me clarificabit - as for Benedictus

FRIDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

If

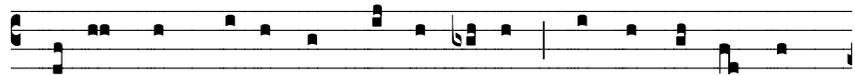


Alle - lu - ia, al-le - lu - ia, al- le- lu - ia.

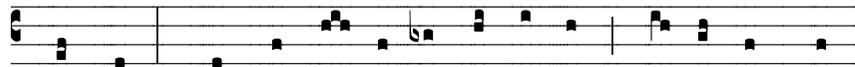
Benedictus Antiphon

Adhuc multa habeo (Jn 16.12,13 : AS 261)

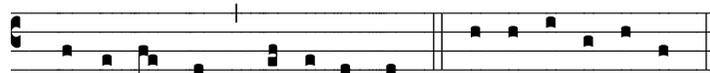
Va



I still * have ma-ny things to say to you, but you cannot bear



them now. When the Spi - rit of truth is come, he will guide you



in-to all truth, al-le -lu - ia.

At EVENSONG

Antiphon (Psalms of Week 3)

VIIIc



Al-le - lu - ia, * al-le - lu - ia, al- le - lu - ia.

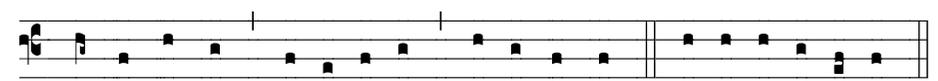
Magnificat Antiphon *Adhuc multa habeo - as for Benedictus*

SATURDAY AFTER ASCENSION

At MATTINS

Antiphon (Psalms of Week 3)

II d



Al-le - lu - ia, al-le -lu - ia, al-le - lu - ia.

Benedictus Antiphon

cf Pax vobis (AM 478)

VIf



Lo, I am with you always * al- le -lu - ia; to the end of the age,



al- le - lu - ia.

THE GOSPEL CANTICLES

Benedictus

Blessed be the Lord, **the** Gód of Ísrael; *
he has come to his péople and sét them free.
He has raised up for us **a** míghty Sáviour, *
born of the house of his sérvant Dávid.
Through his holy prophets he promised ôf old, †
that he would save **us** fróm our énemies, *
from the hands of áll who háte us.
He promised to show **mercy** tó our fáthers *
and to remember his hóly cóvenant.
This was the oath he swore to **our** fáther Ábraham, *
to set us free from the hánds of our énemies,
free to **worship** hím withóut fear, *
holy and righteous in his sight all the dáys of óur life.
You, my child, shall be called the **prophet** óf the Móst High, *
for you will go before the Lórd to preparé his way,
to give his people **knowledge** óf salvátion *
by the forgiveness óf their sins.
In the tender **compásson** óf our God *
the dawn from on high shall bréak upón us,
to shine on those who dwell in darkness and **the** shádów of death, *
and to guide our feet intó the wáy of peace.

Magnificat

My soul proclaims the greatness of thê Lord,
my spirit rejoices **in** Gód my Sáviour *
for he has looked with favour on his lówly sérvant.
From this day all generations **will** cáll me bléssed: *
the Almighty has done great things for me,
and hóly ís his name.
He has mercy **on** thóse who féar him *
in every génerátion.
He has shown **the** stréngth of hís arm, *
he has scattered the próud in théir conceit.
He has cast down **the** míghty fróm their thrones, *
and has lifted úp the lówly.
He has filled the **húngry** with góod things, *
and the rich he has sént away émpy.
He has come to the help of **his** sérvant Ísrael, *
for he has remembered his prómise of mércy,
the promise he **máde** to our fáthers, *
to Abraham and his children for éver.