

To reserve a place on:  
The Interior Castle

Please return your completed booking form  
(overleaf) to ensure your place to:

Beth Harper  
The Mirfield Centre  
Stocks Bank Road  
Mirfield  
WF14 0BW  
Tel: 01924 481920  
email: [centre@mirfield.org.uk](mailto:centre@mirfield.org.uk)

Bookings must be accompanied by payment.  
Please make cheques payable to The Mirfield  
Centre. You may also pay over the phone  
using a credit or debit card. Please book by  
Wednesday 1st May 2019

Please feel free to photocopy this form as  
many times as you wish and distribute it to  
friends and colleagues. We look forward to  
welcoming you to The Mirfield Centre.

Please note: If you would like a paper receipt  
for your booking, please enclose a stamped  
addressed envelope. If you provide an email  
address we will confirm your booking on  
receipt. We will contact you approximately  
one week before the event, when you will  
receive a reminder of the date and time, as  
well as any other relevant information.

## Speaker Details:

Donna is an experienced retreat giver. Trained in Ignatian spiritual direction, Donna has accompanied many people during weeks of guided prayer and through one-to-one direction. Trained as a labyrinth facilitator, she has led many labyrinth events for groups of all ages in various educational and faith contexts. Having studied Theology at Cambridge, Donna completed an MPhil at Manchester University, while developing a local theology in the context of working as a street theologian on a marginalised housing estate in Blackburn, Lancashire. Donna is a trained teacher and has worked in secondary, further and higher education. Donna worked for The Carmelites at Tabor in Preston and has spent time in Avila, Spain, during which she explored Teresa of Avila's life and spirituality.

[www.mirfield.org.uk](http://www.mirfield.org.uk)

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## The Interior Castle

Exploring the 7 Dwelling  
Places of Prayer



Thursday 9th May 2019

Speaker

**Donna Worthington**

10.00am-3.30pm

£25.00

(including lunch & refreshments)

Administrator: Beth Harper

# About the Day

A retreat day exploring the seven dwelling places of prayer in St Teresa of Avila's pioneering work.

'The Interior Castle', was written by St. Teresa of Ávila, O.C.D., a Spanish Carmelite nun and famed mystic, in 1577 as a guide for spiritual development through service and prayer. Inspired by her vision of the soul as a diamond in the shape of a castle containing seven mansions, which she interpreted as the journey of faith through seven stages, ending with union with God.



The day will include presentation, images, music, discussion, stillness and prayer.

# Programme

- 9.30am Arrivals
- 10.00am Welcome
- 10.05am The Seven Dwelling Places of The Interior Castle
- 11.35am Refreshment Break
- 11.50am Quiet prayer and reflective time
- 1.00pm Lunch
- 2.00pm Interior Castle Labyrinth Prayer Walk
- 3.30pm Closing reflections and Depart

Times are approximate and may be subject to change

**Please note: The opportunity to join the CR Brothers for the midday Eucharist is not timetabled into this day.**

# Booking Form

The Interior Castle: Exploring the 7 Dwelling Places of Prayer Fee £25.00

I wish to book  place(s)

Name:.....  
(Mr/Mrs/Ms/Revd/Dr/other)

Address:.....

.....

Post Code.....

Telephone:.....

Email:.....

Email confirmation required?

We cater for most dietary requirements, please indicate below if required

.....

If you have any medical or access requirements need to be made aware of please indicate below:

.....

I am a Reader/Lay Pastoral Minister in the Diocese of Leeds *(please tick)*

My church denomination is.....

I found out about this event from

.....

If this will be your first time coming to a Mirfield Centre event, please tick