

Creative Spaces



## A one day felting workshop with times of stillness, quiet and simple meditation

The day will be a mixture of quiet spaces and creative wet-felting activities using coloured Merino wool and other fibres to make your own distinctive needle case and notebook cover. You will be able to work at your own pace but with ideas, teaching and support provided. The day will begin and end with a short meditation and time of quiet, joining with the Brothers for their lunchtime worship if you so wish. There will also be brief periods of silence throughout the day – for a few minutes each hour. Quite surprisingly, these small silences bring a powerful and extra dimension of stillness and spirituality to our day and to our creativity.

## Friday 28th September 2018 Revd Anne Wood

£25.00 (including all materials, lunch and refreshments) 10.00am-3.30pm

## To book or for more details, contact:

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